# Scope of Work

# I. <u>General Requirements</u>

- A. Idaho Department of Health and Welfare (IDHW) Responsibilities: The IDHW will:
  - 1. Provide an IDHW Contract Manager for ongoing contract administration and contract performance monitoring.
  - 2. Designate an IDHW Contract Manager who shall have overall responsibility for the management of all aspects of this contract and the IDHW Contract Manager shall be a member of the implementation team. This person shall oversee the Contractor's progress, facilitate issue resolution, coordinate the review of deliverables, and manage the delivery of IDHW resources to the project, consulting with the Contractor as needed. The IDHW Contract Manager may designate other IDHW staff to assume designated portions of the IDHW Contract Manager's responsibility. The IDHW Contract Manager shall be the central point of communications and any deliverables to the IDHW shall be delivered to the IDHW Contract Manager and any communication or approval from the IDHW shall be communicated to the Contractor through the IDHW Contract Manager. Should disagreements arise between Contractor staff and the IDHW's Project Team, those disagreements shall be escalated for resolution through each organization's respective reporting structure. Should those disputes remain unresolved after that process, the IDHW's Contract Manager has the authority to escalate through the Division of Medicaid's leadership to the IDHW's Director who retains ultimate authority to decide the outstanding issue or question.
  - 3. Review any required informational materials regarding the Idaho Behavioral Health Plan program prior to release, including, but not limited to brochures, provider and Member templates for correspondence. The IDHW will review draft documents, identify revisions, and return written comments to the Contractor within agreed upon timeframes.
  - 4. Prior to the provision of services under the contract, the IDHW's Division of Medicaid will notify all current eligible Members, and mental health and substance use disorder providers enrolled under the IDHW's current network of the following:
    - a. Creation of the Idaho Behavioral Health Plan
    - b. An explanation of how the new managed care plan works; and
    - c. The Contractor's information: toll-free number, mailing address, and website.
  - Enroll all Medicaid beneficiaries, except for excluded populations identified by the IDHW, into the Idaho Behavioral Health Plan upon eligibility determination. As used in this RFP, a Medicaid enrollee means a Medicaid Member who is enrolled in the Idaho Medicaid Management Information System (MMIS).
  - 6. Determine the on-going eligibility of a person for Medicaid funded services.
  - 7. (AMENDMENT 4) The IDHW automatically enrolls Medicaid beneficiaries on a mandatory basis into the Prepaid Ambulatory Health Plan (PAHP), for which it has requested a waiver of the requirement of choice of plans. There are no potential enrollees in this program because the IDHW automatically enrolls beneficiaries into the single PAHP. 42 CFR § 438.10(a)
- B. Contractor's Responsibilities: The Contractor shall:
  - 1. Administer behavioral health coverage for all Medicaid eligible Members. The Contractor

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- may not dis-enroll any Medicaid eligible Members.
- 2. Notify all Members, at the time of enrollment, of the Member's rights to change providers.
- 3. (AMENDMENT 1) Provide all Members, at the time of enrollment, all information required per 42 CFR § 438.10(f)(6) including, but not limited to:
  - a. (AMENDMENT 1) A provider roster of all providers in the Member's service area.
  - b. (AMENDMENT 1) Any restrictions on choosing a provider.
  - c. (AMENDMENT 1) Member rights and protections.
  - d. (AMENDMENT 1) The amount, duration and scope of benefits in sufficient detail to ensure Members understand their benefits.
  - e. (AMENDMENT 1) Procedures for obtaining benefits, including authorization requirements.
  - f. (AMENDMENT 1) The extent to which, and how, after-hours and emergency coverage are provided.
  - g. (AMENDMENT 1) Information on post-stabilization care.
  - h. (AMENDMENT 1) How to access transportation services.
- 4. Notify all Members, at least annually, of their rights provided under 42 CFR § 438.10(f)(6), 42 CFR § 438.10 (g) and 42 CFR § 438.10 (h) and written notice of any changes in the information specified in these provisions.
- 5. Ensure services are sufficient in amount, duration, or scope to reasonably be expected to achieve the purpose for which the services are furnished consistent with requirements at 42 CFR § 438.210(a)(3)(i) as amended.
- 6. Not arbitrarily deny or reduce the amount, duration, or scope of a required service solely because of diagnosis, type of illness, or condition of the Member. 42 CFR § 438.210(a)(3)(ii).
- 7. (AMENDMENT 1) Comply with provisions of 42 CFR 438.210(a) (1)(2) and (4). The Contractor shall cover all medically necessary outpatient behavioral health services. The services must be of a quality that meets professionally recognized standards of care and must be substantiated by records including evidence of such medical necessity and quality. A service is medically necessary if:
  - a. (AMENDMENT 1) It is reasonably calculated to prevent, diagnose, or treat conditions in the Member that endanger life, cause pain, or cause functionally significant deformity or malfunction; and
  - (AMENDMENT 1) There is no other equally effective course of treatment available or suitable for the Member requesting the service which is more conservative or substantially less costly.
- 8. Defend, indemnify and hold harmless Members, the IDHW or its agents, employees or contractors against any and all claims, costs, damages, or expenses (including attorney's fees) of any type or nature arising from the failure, inability, or refusal of the Contractor to pay the behavioral health provider for covered services or supplies.
- 9. Designate a primary contact for the IDHW Contract Manager who will cooperate fully with

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- respect to the direction and performance of the contract.
- 10. Participate in a contract implementation meeting, either in person or by phone. The IDHW will facilitate the implementation meeting to review contract requirements and timelines. The Contractor shall attend this meeting and all meetings throughout the contract at its own expense.
- 11. (AMENDMENT 1) Comply with all provisions of state and federal laws, rules, regulations, policies, and guidelines as indicated, amended or modified that govern performance of the services. All references to federal and state statutes, rules, and regulations means the current version and as amended throughout the life of the contract unless otherwise noted. This includes, but is not limited to:
  - a. 42 CFR § 438.8(b) requirements that apply to PAHP contracts
  - b. 42 CFR § 438.224 HIPAA Protected Health Information
  - c. The IDHW's HIPAA Business Associated Agreement Appendix E
  - d. Idaho statutes and administrative rules which can be accessed at http://www.idaho.gov/laws\_rules/
- 12. Report to the IDHW's Contract Manager any facts regarding irregular activities or practices that may conflict with federal or state rules and regulations discovered during the performance of activities under the contract. Such information may also need to be reported to the Medicaid Fraud Control Unit and the Medicaid Program Integrity Unit as appropriate.
- 13. Maintain oversight, and be responsible for any functions and responsibilities it delegates to any subcontracted provider.
- 14. (AMENDMENT 3) Not subcontract with or employ individuals or entities that have been excluded by the federal government or by the IDHW, including but not limited to, the State's Medicaid program for fraud and abuse or who are included on the state's bad debt list. The state's bad debt list and the states termination list must be checked monthly by the Contractor. The Contractor is prohibited from subcontracting with providers who have been terminated by Idaho Medicaid or other states in accordance with 42 CFR § 455.416. The Contractor shall be responsible for checking the federal and state exclusion lists, on a monthly basis, of behavioral health providers currently excluded by the state and the federal government per the provisions of 42.CFR § 455.436.
- 15. Comply with the following: The Contractor is prohibited from (1) being an owner, in full or in part, of any organization participating as a behavioral health provider in the Medicaid program, or (2) having an equity interest in or being involved in the management of any behavioral health provider organization or entity. This also applies to family members of owners and managers, as well as to any administrative or management services subcontractors of the Contractor on this project.
- 16. (AMENDMENT 1) Ensure that all behavioral health services provided under this contract are provided by, or under the supervision of, at least a licensed master behavioral health clinician in the practice of his or her profession unless the service is provided at a Federally Qualified Health Center (FQHC), Rural Health Clinic (RHC), or Indian Health Services (IHS) facility in which case, a Medical Doctor (MD) or Doctor of Osteopathy (DO) may supervise.
- 17. Act as the State's agent to collect Third Party Liability for all enrolled Medicaid recipients. The Contractor's capitated payments have been computed based on claim experience

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that is net of these collections.

- 18. Ensure that any compensation, to individuals or entities that are subcontracted by the Contractor to conduct utilization management activities under this contract, is not structured so as to provide incentives for the individual or entity to deny, limit, or discontinue medically necessary services to any Member per 42 CFR § 438.210(e).
- 19. Not prohibit, or otherwise restrict a health care professional, acting within the lawful scope of practice, from advising or advocating on behalf of a Member who is his or her patient for the Member's health status, medical care, or treatment options, including any alternative treatment that may be self-administered. 42 CFR § 438.102(a)(1)(i)
- 20. Not prohibit, or otherwise restrict, a health care professional acting within the lawful scope of practice, from advising or advocating on behalf of a Member who is his or her patient, for any information the enrollee needs in order to decide among all relevant treatment options. 42 CFR § 438.102(a)(1)(ii)
- 21. Not prohibit, or otherwise restrict, a health care professional acting within the lawful scope of practice, from advising or advocating on behalf of a Member who is his or her patient, for the risks, benefits, and consequences of treatment or non-treatment. 42 CFR § 438.102(a)(1)(iii)
- 22. Not prohibit, or otherwise restrict, a health care professional acting within the lawful scope of practice, from advising or advocating on behalf of a Member who is his or her patient, for the Member's right to participate in decisions regarding his or her health care, including the right to refuse treatment, and to express preferences about future treatment decisions. 42 CFR § 438.102(a)(1)(iv)
- 23. Not provide, reimburse, or provide coverage for a counseling or referral service if Contractor objects to the service on moral or religious grounds. 42 CFR § 438.102(a)(2)
- 24. (AMENDMENT 4) Notify the IDHW, in writing, within two (2) business days, when changes in key personnel of this contract occur, as well as other management and supervisory level staff. The Contractor shall provide the IDHW with resumes of the aforementioned individuals for review.
- 25. Notify the IDHW when there is a significant change in the Contractor's operations that would affect their ability to meet the required capacity and services. Operational changes may result in an amendment of the requirements, subcontracting to assure services are not disrupted for Members, or imposing the remedies identified in Appendix D Special Terms and Conditions. A significant change includes, but is not limited to, changes in the Contractor's:
  - a. Services
  - b. Benefits
  - c. Geographic service area
  - d. Payments
  - e. Enrollment of a new population requiring services
- 26. Endorse and promote all therapeutic initiatives of the Idaho Medicaid Pharmacy and Therapeutics Committee and the Medicaid Pharmacy Program, including preferred drug list compliance, therapeutic guideline implementation and prior authorization criteria. The Contractor shall assist the IDHW with education to providers to drive implementation and

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- compliance with pharmacy programs and shall not actively promote any programs or initiatives that conflict with those of the IDHW.
- 27. If a network provider elects not to provide, reimburse for, or provide coverage of, a counseling or referral service because of an objection on moral or religious grounds per the provisions of 42 CFR § 438.102(a)(2), it shall furnish information about the services the provider does not cover, per the requirements at 42 CFR § 438.102(b)(1) as follows:
  - a. To the IDHW:
  - b. With its application to be a network provider;
  - c. Whenever it adopts the policy during the term of the contract;
  - d. It shall be consistent with the provisions of 42 CFR § 438.10; and
  - e. It shall be provided to Members within ninety (90) calendar days after adopting the policy with respect to any particular service.
- 28. The Contractor shall coordinate with the IDHW's contracted transportation broker and support IDHW requirements for Medicaid reimbursed transportation services by providing sufficient information when it is needed to justify use of transportation. The IDHW's contracted transportation broker administers, coordinates, and manages all non-emergency medical transportation (NEMT). For information on Idaho's NEMT services, go to the following website: http://www.healthandwelfare.idaho.gov/Medical/Medicaid/MedicalCare/MedicalTransport ation/tabid/704/Default.aspx.
- 29. Develop and maintain an updated Policies and Procedures Manual for the services identified in this RFP. The Policies and Procedures Manual shall be available in electronic and hard copy upon request to the IDHW at no additional cost.
- 30. Participate in the IDHW's appeal and Fair Hearing processes when required by the IDHW.
- 31. (AMENDMENT 1) Submit, within thirty five (35) calendar days of request by the Secretary of Health and Human Services or the state, full and complete information regarding:
  - a. (AMENDMENT 1) The ownership of any subcontractor with whom the Contractor has had business transactions totaling more than twenty five thousand dollars (\$25,000.00) during the twelve (12) month period ending on the date of the request; and
  - b. (AMENDMENT 1) Any significant business transactions between the Contractor and any wholly owned supplier, or between the Contractor and any subcontractor, during the five (5) year period ending on the date of the request. 42 CFR § 455.105
- 32. (AMENDMENT 4) Provide IDHW information on Contractor accreditation per 42 CFR §438.332 (a), 42 CFR §438.332 (b) 1-3 and 42 CFR §438.332 (c) 1 and 2.

# II. <u>Administration and Operations</u>

- A. The Contractor shall implement, administer and maintain the Idaho Behavioral Health Plan, an outpatient PAHP as defined in 42 CFR § 438.2, and related services for all eligible Medicaid Members, an outpatient prepaid ambulatory health plan (PAHP), as defined in 42 CFR § 438.2., that provides behavioral health coverage for all Medicaid eligible children and adults. The following populations are excluded:
  - 1. Those populations that are covered for premiums only;

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- 2. Undocumented aliens:
- 3. Members who reside in State hospitals or institutions, except for discharge planning; and
- 4. Members enrolled in the Medicare-Medicaid Coordinated Plan (MMCP).
- B. The Contractor shall provide a behavioral health benefit package for children and adults that is based on cost effective, evidence-based standards of practice within the behavioral health community. Attachment 12 Continuum of Care, provides a detailed description of Medicaid-reimbursed services and services that statewide behavioral health stakeholders have identified as necessary components of a robust continuum of care. The package for children and adults must include community based behavioral health services as well as rehabilitative services.

# C. The Contractor shall:

- 1. Develop a robust continuum of care based on State Plan services;
- 2. Pay providers in compliance with the prompt pay standards as follows:
  - a. Pay ninety percent (90%) of clean claims within thirty (30) days.
  - b. Pay ninety nine percent (99%) of clean claims within ninety (90) days.
- 3. (AMENDMENT 6) Develop and operate a complaint system which includes but is not limited to providing the IDHW with a Complaint Resolution and Tracking Report;
- 4. Educate Members and providers regarding all aspects of the Idaho Behavioral Health Plan:
- 5. Hire, train, and maintain sufficient qualified staff to implement, administer, and manage the Idaho Behavioral Health Plan and all services related to the contract. Sufficiency shall be determined by comparison of baseline accessibility to changes in accessibility, Member complaints and quality assurance processes.
- 6. Ensure that written material is in an easily understood language and format. Written material shall be available in alternative formats and in an appropriate manner that takes into consideration the special needs of those who, for example, are visually limited or have limited reading proficiency. The Contractor shall also ensure Members are aware of this availability. 42 CFR § 438.10:
- 7. (AMENDMENT 3) Promote and monitor continuity of care standards between network behavioral health providers, PCPs, and other health care specialists and other services as needed (e.g., school, court system);
- 8. Ensure verification of program eligibility for Members and providers;
- 9. Process claims and prior authorize services when required;
- 10. Promote the well-being of the population served through preventive and population-based behavioral health interventions;
- 11. Provide general information and orientation regarding all aspects of the program and operations. The Contractor shall have in place a comprehensive program to provide all Members, not just those who access services, with appropriate information, such as information about behavioral health treatment services, available providers, and education related to recovery, resilience and best practices, as well as Member rights. In

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developing these materials, obtain input from consumers, secondary Member and/or family Members and other stakeholders who can contribute to both the content and presentation of the information so that the information is provided in a manner and format that may be easily understood per 42 CFR § 438.10(b)(1);

- 12. Identify any new service offeror proposes to develop under the capitated rate as costeffective services per 42 CFR § 438.6(e) as determined by the IDHW. Later in the
  contract period, if the opportunity for 1915(b)(3) services becomes available, the
  Contractor should identify any impacts the services they proposed would have on the
  capitation rates set for the contract;
- 13. Implement new special services and programs when identified by the Contractor's costbenefit analysis as approved by the IDHW and CMS (as necessary); and
- 14. Provide day to day business operations for the state of Idaho to ensure ongoing communication and interaction with IDHW staff to implement and maintain the services outlined in the RFP. Response should include, but not be limited to, meeting with IDHW staff on an ongoing basis, providing ongoing support and interaction with network providers, and working with stakeholders. The IDHW will not provide work space for the Contractor's staff.

### III. Work Plan and Service Implementation

- A. The Contractor shall provide and utilize a Work Plan for service implementation of the Idaho Behavioral Health Plan.
- B. The Contractor shall immediately begin to collaborate with the IDHW after the contract is fully executed to work toward a timely implementation period. The implementation period shall be complete within six (6) months of the contract execution date. The preferred implementation date of services is July 1, 2013.
- C. The Contractor shall establish an implementation team that shall ensure the plan for implementation of services progresses according to the required timelines. The Contractor shall meet with the IDHW within the first five (5) business days of the contract execution date to establish the following deliverables and to establish priorities.
  - 1. The Contractor is responsible for any costs they may incur for all meetings during the implementation process.

### D. The Contractor shall:

- 1. Define the project management team, the communication paths and reporting standards between the IDHW and the Contractor staff;
- 2. Establish a written comprehensive Work Plan, including the schedule for key activities and milestones which is a part of the Contractor's overall Work Plan;
- 3. Define expectations for content and format of contract deliverables.
- E. The Contractor shall develop and maintain a comprehensive written Work Plan which shall include timelines. The Work Plan is due within ten (10) business days of the execution date of the contract and shall include time frames for critical milestones for implementation. The Work Plan shall clearly include all tasks necessary to meet the requirements of the RFP and shall include timeframes for critical milestones for implementation. It shall clearly specify the Contractor's understanding of information to be provided by the IDHW. The Work Plan shall include the following Contractor tasks and plans:
  - 1. Schedules and timetables for implementation;

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- 2. A detailed description of the implementation methods;
- Communication Plan that includes a plan to communicate with Members, providers and stakeholders, including Member service and provider service call centers and Member and provider handbooks;
- 4. Website Development Plan;
- 5. Network Development Plan, including analysis and plans to effect a smooth transition;
- 6. Service Transition Plan:
- 7. A Staffing Plan identifying hiring expectations and staff associated with each task of the implementation period and the work of the contract itself; the Contractor should describe how they would make use of the following positions: Contract Manager, Chief Financial Officer, Chief Medical Officer, Outcomes or Quality Improvement Director, Member and Family Affairs Director, Account Manager, Project Manager, Business Analysis Lead, Systems Analysis Lead, Systems Manager, Data Conversion Manager, Testing Lead, Training Lead, Documentation Lead;
- 8. Training Plan for Contractor staff, IDHW staff, Members, providers, and stakeholders;
- 9. Facilities, Fiscal Requirements and Cost Avoidance Plans;
- 10. Quality Management Plan;
- 11. Utilization Management Plan, including outlier management and plans for care coordination:
- 12. (AMENDMENT 6) Complaints and Appeals Plan;
- 13. Customer Service System Plan;
- 14. Overall Project Plan, including reports and interface plans, claims processing and information management integration, hardware and equipment acquisition and installation, operating system and software installation, systems testing, etc.;
- 15. Business Continuity, Disaster Recovery, and Risk Management Plan;
- 16. Contract Compliance Plan; and
- 17. Operational Readiness Plan.
- F. In addition to those items specifically enumerated above, the Contractor shall develop and execute plans that ensure completion of all necessary tasks, explicit or implicit, assigned to the Contractor by this RFP. Such plans shall be made available to the IDHW when completed and whenever updated.
- G. The Contractor shall utilize their Contract Manager, or a designee to be responsible for successful completion of Contractor's responsibilities and overseeing and monitoring the Contractor's staff on a day-to-day basis as they undertake project activities. The Contract Manager, or designee, shall also work closely with the IDHW Contract Manager and assist in coordinating IDHW resources. The Contractor's Contract Manager, or designee, shall maintain the Work Plan.
- H. The Contractor's Contract Manager, or designee, and relevant contract staff shall meet with

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and provide project status to the IDHW Contract Manager and other IDHW staff weekly. The purpose of the status meetings is for the Contractor to communicate actual progress, identify problems, recommend courses of action, and obtain approval for making modifications to the Work Plan. In conjunction with the project status meetings, the Contractor shall provide written status reports to the IDHW's Contract Manager at least every two weeks during implementation. This status report shall include:

- 1. Updated Work Plan and responsibility matrix.
- 2. Tasks that are behind schedule.
- 3. Dependent tasks for tasks behind schedule.
- 4. Items requiring the IDHW Contract Manager's attention.
- 5. Anticipated staffing changes.
- Risk assessment.
- 7. Any issues that can affect schedules for project completion.
- 8. Identification, time frames, critical path effects, resource requirements and materials.

### I. The Contractor shall:

- 1. Be responsible for documenting all meetings, including attendees, topics discussed, decisions recommended and/or made with follow-up details. Written minutes and summaries from all meetings are to be provided to the IDHW Contract Manager no later than three (3) business days after the date of each meeting;
- Provide a written project communication plan, the purpose of which is to keep contract
  management and staff informed about all information they need to complete assigned
  responsibilities, as well as to keep all system stakeholders proactively informed on the
  progress of the project.
- 3. Prepare and submit, in its Work Plan, a comprehensive set of flow diagrams that clearly depict the proposed final work operations, including but not limited to, Member flow, Contractor workflow, expected IDHW workflow, data flow and authorization and provider payment process. These diagrams shall aid in the understanding of how the Contractor will perform work and support training. The level of detail in these diagrams shall be sufficient to communicate to the Members and providers their roles in the behavioral health managed care process. With a goal to maximize clarity, the Contractor shall use graphical software that matches what the IDHW currently uses as its platform.
- 4. The Contractor shall demonstrate its readiness and ability to provide covered behavioral health services and to resolve any previously identified operational deficiencies. The Contractor shall undergo and must pass a two (2) phase readiness review process and be ready to assume responsibility for contracted behavioral health services within one-hundred eighty (180) calendar days of the effective date of the contract. See Attachment 9 Initial Deliverables and Attachment 10 Readiness Review, for a detailed description of expectations for the two (2) phase readiness review.

#### J. The Contractor shall:

- Ensure the health and safety of Idahoans is not put at risk during the transition in administration from the fee-for-service reimbursement model to the managed care model of service delivery;
- 2. Ensure major components of the current network delivery system are not adversely

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affected by transition to managed care;

- 3. Honor existing Member-therapist relationships to the greatest extent possible;
- 4. Effect transfers in care as seamlessly as possible to Members;
- 5. Allow a transfer process with sufficient time for Members to receive notifications, make choices when choices are available, and ask questions of the Contractor regarding the transfer process and the Member's Idaho Behavioral Health Plan benefits;
- 6. Ensure the provider network:
  - a. Is sufficiently informed of the Contractor's administrative requirements for participation in the network and for delivery of benefits to Members provided under the Idaho Behavioral Health Plan:
  - b. Is able to deliver services according to the Contractor's standards and all state and federal requirements;
  - c. Is scheduled according to the Contractor's established timelines for "go live" activation.

### IV. Behavioral Health Services

- A. (AMENDMENT 4) The Contractor shall provide a recovery oriented system of care that is holistic and includes the following categories of mandatory State Plan and Youth Empowerment Services (YES):
  - 1. Community based outpatient
  - 2. Rehabilitation
  - 3. Substance use disorders
  - 4. (AMENDMENT 4) Jeff D. Agreement Appendix C (Attachment 28)
    - a. (AMENDMENT 6) (AMENDMENT 4) All Outpatient YES services shall be operationally defined and available within the Contractor's network by June 30, 2019.
    - b. (AMENDMENT 6) (AMENDMENT 5) Respite services for Medicaid eligible Members who have been assessed as having a Serious Emotional Disturbance (SED) through the Department's designated Independent Assessor will be reimbursed by the Contractor beginning January 1, 2018. The Contractor's respite network will initially be formed from existing providers in the Division of Behavioral Health's agency network. The Contractor will expand the network as additional providers complete training requirements that are approved by the IDHW.
- B. The Contractor shall ensure the more stringent requirements for SUDS treatments regarding confidentiality (42 CFR Part 2) are incorporated into the Contractor's policies and procedures as well as the requirements for the network of providers.
- C. The Contractor may place appropriate limits on a service:
  - 1. On the basis of medical necessity criteria (Medical necessity is defined in IDAPA 16.03.09, The IDHW shall be the final authority regarding all disputed medical necessity decisions.); or
  - 2. For the purpose of utilization control, provided the services furnished can be reasonably expected to achieve their purpose. 42 CFR § 438.210(a)(3)(iii.)

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### D. The Contractor shall:

- Promote and assist in the recovery of adult Members with serious mental illnesses (SMI) and those with serious and persistent mental illness (SPMI) and resiliency of child Members with serious emotional disturbance (SED) and/or co-occurring substance use disorders through innovative services that empower Members, and families as appropriate, to determine and achieve their goals; this includes specific attention to behavioral health service needs of very young children as described in Attachment 15 Infant Toddler Mental Health.
- 2. Utilize and implement evidence-based practices in service delivery and describe how you will demonstrate fidelity to the tested model used for each evidence-based practice, when available, in order to assure the effectiveness of the service provided. Such fidelity should be applied except when adjustment is specifically described and justified for good cause, such as administering the practice in rural areas or to account for cultural differences. Information on sources for five (5) of the adult evidence-based practices, including fidelity checklists, and evidence-based practices applicable for children, is available on the SAMHSA website at http://www.nrepp.samhsa.gov.
- 3. Provide culturally competent community-based services, including evidence-based, best practices, trauma-informed care and alternative services for Members of all ages. See Attachment 18 Trauma-informed Care for more a detailed description of trauma-informed care.
- 4. Provide Members with timely access to a comprehensive array of specialized behavioral health services delivered by culturally-competent, qualified service providers.
- 5. Ensure that services reflective of continuous quality improvement are provided to Members, and families as appropriate.
- 6. Provide all necessary services through a cost-effective system.
- 7. Achieve a coordinated system of delivering medically necessary covered behavioral health services to Members.
- 8. Maximize community resources in an effort to maintain the least restrictive level of care.
- 9. Ensure provision for a second opinion from a qualified behavioral health care professional within the network, or arrange for a second opinion outside the network, at no cost to the Member per 42 CFR § 438.206(b)(3) and must occur within seven (7) calendar days from the date it is requested.
- 10. Cover those services out-of-network for the Member for as long as the Contractor is unable to provide them by a network provider in the event that the network is unable to provide necessary services covered under the contract for a particular member, per 42 CFR § 438.206(b)(4).
- 11. Coordinate with out-of-network providers with respect to payment and ensure that cost to the Member is no greater than it would be if the services were furnished within the network.
- 12. Track and report Members' movement from one (1) level of care to another on a quarterly basis.
- 13. (AMENDMENT 6) (AMENDMENT 4) YES services shall incorporate medical necessity criteria according to Contractor's Level of Care Guidelines. The Contractor's documents establishing standards such as the Provider Manual and Member Handbook shall

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- reference information from the YES Practice Manual, Principals of Care and Child and Family Team (CFT) Model. The incorporation shall occur at a mutually agreed upon timeframe as services are implemented, but no later than June 30, 2019.
- 14. (AMENDMENT 6) (AMENDMENT 4) For all Medicaid members under age nineteen (19), require network providers through provider network agreements to incorporate the Children and Adolescent Needs and Strengths (CANS) screening into the treatment planning process in the Idaho Behavioral Health Plan (IBHP) Network by July 1, 2019. The Contractor shall monitor provider network compliance through provider audits.
- E. The Contractor shall manage potential influences on the administration of behavioral health services under the PAHP, including the following:
  - 1. Each region features a different mix of professional expertise and community volunteerism, and the array of services might be achieved through different types of venues or may have a different configuration from one region to another;
  - 2. Services will be available in all areas of the state, but the prevalence of any service may vary among regions as appropriate to reflect the needs of a region's targeted population;
  - 3. Working with regional behavioral health advisory boards to develop local access standards using their own demographics, geography, and availability of services within pocketed areas of a particular region;
  - 4. The Contractor may need to establish arrangements across regions to help make a service available that is not available in a certain region;
  - 5. (AMENDMENT 4) While initially it may only be possible that the Contractor provides services in areas where there are already services, the expectation is that the Contractor will engage in long term planning with Regional Behavioral Health Advisory Boards to develop a full continuum of services across all areas of the state.
  - 6. (AMENDMENT 4) When the Contractor is preparing to provide or arrange for the provision of covered benefits to new eligibility groups, the IDHW will conduct a readiness review of the Contractor as follows:
    - a. (AMENDMENT 4) The IDHW readiness review will assess the ability and capacity of the Contractor to perform satisfactorily for the following outlined in 42 CFR §438.66 (d).

# V. Member Enrollment/Disenrollment

- A. The Contractor shall use the IDHW's Medicaid Management Information System (MMIS) eligibility to identify Medicaid eligible Members on a daily basis.
- B. The Contractor shall:
  - 1. Accept Members in the order in which they are enrolled, without restriction;
  - (AMENDMENT 4) Not discriminate against Members eligible to enroll on the basis of health status or need for health care services, sex, sexual orientation, gender identity, disability, race, color, or national origin;
  - (AMENDMENT 4) Not use any policy or practice that has the effect of discriminating on the basis of sex, sexual orientation, gender identity, disability, race, color, or national origin;
  - 4. Not request disenrollment of any Member for any reason, including requests because of a change in the Member's health status, or because of the Member's utilization of

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- medical services, diminished mental capacity, or uncooperative or disruptive behavior resulting from his or her special needs, 42 CFR § 438.56(b)(2):
- 5. Not disenroll Members for any reason. The Contractor may propose a disenrollment to the IDHW, but the IDHW will make the final determination;
- Eligible Members may not disenroll from the Idaho Behavioral Health Plan, but the IDHW
  may disenroll Members whose eligibility changes to a Medicaid coverage group excluded
  from the PAHP, or who otherwise lose Medicaid eligibility, consistent with the terms of
  this contract and the related waiver;
- 7. (AMENDMENT 4) Utilize a process established by IDHW to provide for prompt notification to IDHW when it receives information about the changes in an enrollee's circumstances that may affect the enrollee's eligibility including changes in the enrollee's residence and the death of an enrollee.
- C. The Contractor shall not request disenrollment of Members for any reason and shall be consistent with the IDHW's policy that there will be no circumstances in which a qualified Member is disenrolled. 42 CFR § 438.56(b)(1) and (3).

# VI. Coverage and Payment for Post-Stabilization Services

- A. The Contractor shall provide post-stabilization services as defined in 42 CFR § 438.114(a) and (b) and ensure the services are covered and paid for in accordance with the following provisions:
  - 1. Be financially responsible for medically necessary post-stabilization services that are preapproved by an Idaho Behavioral Health Plan provider or other Idaho Behavioral Health Plan representative that the Contractor has authorized to make pre-approval decisions;
  - 2. Be financially responsible for medically necessary post-stabilization services obtained within or outside the network that are not pre-approved, but administered to maintain the Member's stabilized condition within one (1) hour of a request to the Contractor for pre-approval of further post-stabilization covered services.
- B. The Contractor shall be financially responsible for medically necessary post-stabilization services obtained within or outside the network that are not pre-approved, but administered to maintain, improve or resolve the Member's stabilized condition if the Contractor:
  - 1. Does not respond to a request for pre-approval within one (1) hour;
  - 2. Cannot be contacted; or
  - 3. And the treating physician cannot reach an agreement concerning the Member's care and the Contractor's physician is not available for consultation. In this situation, the Contractor shall give the treating physician the opportunity to consult with the Contractor's physician and the treating physician may continue with care of the Member until the Contractor's physician is reached.
- C. The Contractor's financial responsibility for medically necessary post-stabilization covered services it has not pre-approved ends when:
  - 1. A network physician assumes responsibility for the Member's care through transfer; and
  - 2. The Contractor's representative and the treating physician reach an agreement concerning the enrollee's care.

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# VII. Access to Care

- A. The Contractor shall ensure services are provided through a well-organized service delivery system. The service delivery system shall include mechanisms for ensuring access to high quality, general and specialized care, from a comprehensive provider network. Mechanisms for access shall include opportunities for face-to-face inquiries, a twenty four (24) hour per day toll free telephone line, and electronic communication mediums.
- B. The Contractor shall ensure access to medically necessary covered behavioral health services for Members, and families as appropriate, including engaging Members with serious mental illness, serious and persistent mental illness and/or co-occurring substance use disorder who may not seek help on their own.

### C. The Contractor shall:

- 1. Ensure access to care for all Members in need of covered behavioral health services through the provision of the following:
  - a. Varied geographic location of providers:
  - b. Providers located within thirty (30) miles or within thirty (30) minutes of travel within Ada, Canyon, Twin Falls, Nez Perce, Kootenai, Bannock and Bonneville counties and within forty five (45) miles or within forty five (45) minutes in all other counties. Where this standard is not achievable, the Contractor shall develop plans for moving toward achieving this standard; such planning is subject to IDHW oversight. Use of telehealth technology is encouraged;
  - c. Use of local providers whenever possible to minimize need for travel and promote local cultural competency;
  - d. Appropriate Member to provider ratio for all services in every region of the state, consistent with industry standards;
  - e. Ensure sufficient numbers of prescribers/psychiatrists are available in the state; and
  - f. Make use of licensed psychologists to extend network capacity.
- 2. Ensure services to Members are uninterrupted.
- 3. Adhere to professional standards for determining staffing patterns in all settings.
- 4. Ensure minimum hours of provider operation are sufficient in each time zone in Idaho to meet the needs of the population served in each location, which includes crisis coverage twenty-four (24) hours a day, seven (7) days a week, three hundred sixty five (365) days per year. Sufficiency shall be determined by comparison of baseline access to changes in access, Member complaints, and quality assurance processes.
- 5. Provide hours of operation and service coverage in every region at sufficient locations to meet the needs of the population in each region, which may include additional morning, evening or weekend hours, to accommodate Members who are unable to attend appointments during standard business hours.
- Ensure network providers offer flexibility of appointment times to Members whenever possible.
- 7. Provide community-based access to increase accessibility and improve outcomes to ensure behavioral health services are provided in multiple community-based venues, based on a determination that the services:
  - a. Are medically necessary;

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- b. Are appropriate to the Member's needs and are not duplicative of other services the Member is receiving; and
- c. Do not put the provider's safety at undue risk when provided in alternative treatment sites. Alternative treatment sites may include, but are not limited to,
  - i. Schools:
  - ii. Federally Qualified Health Centers;
  - iii. Homeless shelters:
  - iv. Assisted living facilities; and
  - v. Members' homes.

#### D. The Contractor shall:

- 1. Provide evening and weekend support services for Members and families that include access to clinical staff, not just an answering service or referral service staff.
- 2. Provide access to a twenty four (24) hour, seven (7) days per week, three hundred sixty five (365) days per year, toll-free line dedicated to Members that meets the following minimum standards:
  - a. The toll-free number shall be approved by the IDHW;
  - b. The Member line shall be answered by a live voice at all times;
  - c. All phone calls, voice mail and email shall be responded to on the same or next business day.
- 3. (AMENDMENT 3) Identify Members who unexpectedly miss appointments or discontinue treatment. Appropriate and timely steps shall be taken to contact Members to determine if there is a problem that can be resolved and to promote continuation of services. The Contractor shall recognize that different strategies and levels of effort are appropriate for different populations (e.g. age groups, diagnosis, severity of illness, culture, language, etc.) promote and monitor outreach efforts that are appropriate for different populations, using numerous attempts and multiple methods that could include mail, telephone, e-mail, text messaging, home visits, or other efforts that are reasonably calculated to ensure verifiable contact.
- E. The Contractor should establish clear and specific criteria for discharging Members from treatment and criteria should be included in Member materials and information. Ensure criteria for discharge, established with Member input, is agreed upon by Member and Provider and should be noted in the Member's health care record and modified, by agreement, as necessary.
- F. The Contractor shall meet industry standards for access in the following categories, including timeframes and types of professionals. Placing Members on waiting lists for initial routine service requests is not acceptable.
  - 1. Capacity for crisis response and service authorization;
  - 2. Life-threatening crisis intake and intervention services;
  - 3. Non-life-threatening crisis intake and intervention services;

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- 4. Urgent care, including urgent medication management;
- 5. Access to board certified physicians to provide clinical consultation for network providers, including a psychiatrist. Describe any special accommodation for children.
- 6. Access to board certified physicians to provide clinical consultation for PCPs, including a psychiatrist. Describe any special accommodations for children.
- 7. Routine appointments; and
- 8. Outpatient follow-up appointments after discharge from an inpatient psychiatric hospitalization or residential facility. Refer to Post-Stabilization Services for related requirements.

#### G. The Contractor shall:

- 1. Ensure the Member line is answered by a live voice at all times;
- Assist and triage callers who may be in crisis by effectuating an immediate transfer to at least a licensed masters level care manager. The call shall be answered within thirty (30) seconds and only transferred via a warm line to at least a licensed masters level care manager;
- 3. (AMENDMENT 4) (AMENDMENT 1) Respond to Members with limited English proficiency through the use of bilingual/multicultural staff or language assistance services. Bilingual/multi-cultural staff, at a minimum, shall speak English and Spanish and any other language spoken by at least five percent (5%) of the eligible population. The Contractor shall make oral interpretation services available free of charge to each Member in need of such services. The Contractor shall notify Members that oral interpretation is available for any language and written information is available in English and Spanish, and inform the Members how to access such services as outlined in 42 CFR § 438.10.9 (d);
- 4. Ensure every reasonable effort is made to overcome any barrier that Members may have to receiving services, including any language or other communication barrier;
- Ensure network providers have staff available to communicate with the Member in his or her spoken language, and/or access to a phone-based translation service so that someone is readily available to communicate orally with the Member in his or her spoken language;
- 6. Have available, at all times, a Telecommunications Device for the Deaf (TDD) and/or relay systems;
- 7. Interact with callers in a courteous, respectful, polite, culturally responsive, and engaging manner;
- 8. Respect the caller's privacy during all communications and calls;
- 9. Adhere to all regulatory confidentiality requirements, ensure call tracking and record keeping is established and utilized for tracking and monitoring phone lines, including tracing calls when appropriate, to ensure the safety of the Member or others;
- 10. Ensure calls received on the Member line are reported monthly to the IDHW per the requirements of the contract.

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# VIII. Cultural Competency

- A. The Contractor shall provide culturally competent behavioral health services to its Members, consistent with standards described at 42 CFR § 438.206(c)(2).
  - 1. The Cultural Competency Plan shall outline clear goals, policies, operational plans, and management accountability/oversight mechanisms to provide culturally and linguistically appropriate services with specific focus on Native Americans' and Hispanics' needs, and includes a positive statement that the Contractor shall have sufficient staff with cultural competency to implement and oversee compliance with the Cultural Competency Plan.

### B. The Contractor shall:

- 1. Identify Members whose cultural norms and practices may affect their access to health care and its plan to outreach these Members;
- Recruit and retain qualified, diverse and culturally competent clinical staff within your provider network and include a positive statement that the Contractor will offer single case agreements to culturally competent staff outside of its network, if required to meet a Member's needs:
- 3. Work with Native American and Hispanic providers to promote the development of these culturally specialized networks of providers;
- 4. Monitor whether or not language services are being provided to all Members, upon request, and how it will address gaps or inadequacies found.
- 5. (AMENDMENT 4) Promote the delivery of services in a culturally competent manner to all Members, including those with limited English proficiency and diverse cultural and ethnic backgrounds, disabilities, and regardless of gender, sexual orientation or gender identity.

# IX. Customer Service System

- A. The Contractor shall provide a customer service system that includes implementation of a Customer Service System Plan. The Customer Services System Plan must include services that meet the requirements at 42 CFR § 438.10(f)(6).
- B. The Contractor's Customer Service System Plan shall include a Call Center and Help Desk, policies on customer service, and identify how staff will be trained to meet the customer service requirements.

#### C. The Contractor shall:

- Ensure that a toll-free number dedicated to customer service inquiries is established and publicized throughout Idaho and ensure multiple lines are available to accommodate Members, providers, IDHW staff and others that may be calling. The IDHW shall own the rights to the toll-free call center number at the conclusion of the contract;
- 2. Maintain sufficient equipment and staff to meet the customer service requirements;
- 3. (AMENDMENT 4) Ensure calls, e-mails or correspondence are responded to within two (2) business days);
- 4. If an automated Interactive Voice Response (IVR) system is used, the system shall be programmed to answer all calls within three (3) telephone rings;
- 5. The average daily hold time after initial automated response is two (2) minutes or less:
- 6. Provide periodic live monitoring of service calls for quality management purposes;

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- 7. (AMENDMENT 4) Ensure call tracking, documentation and record keeping is established and utilized for tracking and monitoring phone lines established for member and provider calls:
- 8. Ensure customer service inquiries are reported monthly to the IDHW per the requirements of the contract. All customer service communications, written or verbal, shall be reflected in the report.
- D. Should the Contractor choose to use an IVR the Contractor shall:
  - 1. Provide an up-front message in the phone system to inform users when the system is down or experiencing difficulties, including an indication when the system is expected to be operational;
  - 2. Roll incoming calls to the Call Center staff during those instances when the system is unavailable during the hours the Call Center is staffed;
  - 3. For IVR users who are seeking data, verify that the person using IVR is an authorized user, and allow access to data by Member ID number, social security number, or Member name and date of birth:
  - 4. Assign and provide the user a unique identifier for each inquiry;
  - 5. Provide appropriate safeguards to protect the confidentiality of all information, in compliance with federal, State and IDHW confidentiality laws, including HIPAA;
  - 6. Provide toll-free telephone number(s);
  - 7. Integrate with the Call Center and Help Desk to provide IVR users with an option for customer service representative support when requested during the hours the Call Center is staffed:
  - 8. Provide sufficient in-bound access lines to ensure IVR users:
    - a. Are connected with the IVR system within three (3) telephone rings at least ninetynine percent (99%) of the time;
    - b. When transferred are connected with the IVR system within ten (10) seconds, ninetynine percent (99%) of the time;
    - c. Receive a busy signal less than five percent (5%) of the time they call;
    - d. Are not dropped in excess of zero-point-five percent (0.5%) of the total daily call volume; and
    - e. Are successfully transferred to live assistance at the Call Center in less than one-hundred-twenty (120) seconds of request to transfer;
    - f. Call abandonment rates should not exceed seven percent (7%);
  - 9. Ensure that the IVR is available for information and service requests twenty (24) hours a day, seven (7) days a week, three hundred sixty five (365) days per year except for IDHW approved scheduled downtime;
  - 10. Resolve all IVR system downtimes caused by the IVR hardware, software, or other components under the Contractor's control, within thirty (30) minutes of initial notification of system failure. If the system is not in service within that time frame, the Vendor shall provide a failover IVR system to ensure that system downtime is limited to a maximum of

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thirty (30) continuous minutes;

- 11. Maintain and retain for twenty-four (24) months, electronic records of all IVR inquiries made, information requested, and information conveyed;
- 12. Make updates to the IVR recorded responses within two (2) business days of receiving a request from the IDHW.

#### E. The Contractor shall:

- 1. Manage the Call center and Help Desk function and ensure staff are trained to provide customer service response to inquiries;
- 2. Utilize a language line translation system for callers whose primary language is not English;
- 3. Have available, at all times, a Telecommunications Device for the Deaf (TDD) and/or relay systems;
- 4. Interact with callers in a courteous, respectful, polite, culturally responsive, and engaging manner;
- 5. Respect the caller's privacy during all communications and calls;
- 6. Assist callers with issues and concerns regarding service referrals, authorizations, payments, training, or other relevant inquiries, regarding service provision, eligibility or payment; a separate provider services line is also permitted to address provider issues;
- 7. Work with callers to provide referrals to obtain eligibility for other supportive services, such as, but not limited to, community organizations. For complex matters, callers should be referred to the Contractor's care management staff;
- 8. Facilitate access to information on available service requirements and benefits.

# X. <u>Provider Network Development and Management Plan</u>

- A. As part of the implementation process, the Contractor shall implement a Provider Network Development and Management Plan for transforming the current service delivery system into a comprehensive system.
- B. The Contractor's Network Development and Management Plan shall clearly identify a plan for transforming the current service delivery system into a comprehensive system that:
  - 1. Includes qualified service providers and community resources designed and contracted to deliver behavioral health care that is strength-based, family-focused as appropriate, community based, and culturally competent.
  - 2. Is of sufficient size and scope to offer Members a choice of providers for all covered behavioral health services.
  - Ensures behavioral health services are uniformly available throughout the state incorporating recognized evidence-based practices, best practices, and culturally competent services that promote recovery and resiliency through nationally recognized integrated service models.
  - 4. Increases access to family and community-based services and reduces reliance on higher cost services.

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- 5. Includes the needs of all Members identified in the scope of the PAHP and includes the following:
  - a. A fully operational network of psychiatric crisis response providers available twenty four (24) hours per day, seven (7) days per week, three hundred sixty five (365) days per year, prior to completion of the Readiness Review.
  - b. Within nine (9) months after the date of the implementation of services the Contractor shall conduct a statewide needs assessment to identify and quantify gaps in the array of State Plan services and in the network provider types, describe the challenges presented by such gaps, and then design an innovative solution for addressing the unmet service needs that is not limited to the agency/clinical model of service delivery. This solution shall be submitted by the Contractor to the IDHW within twelve (12) months after the implementation of services.
- 6. Ensures there are a sufficient number of accessible qualified interpreters. Sufficiency shall be defined as baseline accessibility compared to changes in accessibility, Member complaints and quality assurance processes.
- C. The Contractor shall provide and maintain a database that contains real-time information identifying, according to ZIP code and by provider type, office hours, contracted capacity and out-of-region or out-of-network service alternatives. The IDHW shall have access to this database.
- D. The Contractor shall solicit input from the members of the provider network regarding their satisfaction with participating in the Contractor's network.

### XI. Provider Network

- A. The Contractor shall implement and maintain a network of providers, including psychiatrists, to deliver behavioral health treatment, rehabilitation, and support services, while optimizing the use of natural and informal supports that meet the needs of Members. The Contractor's network of providers shall assure the health, safety, and appropriate treatment of Members.
- B. The Contractor shall design the network to deliver culturally and linguistically (including the Member's prevalent language(s) and sign language) appropriate services in home and community-based settings and assist Members to achieve their recovery goals or treatment plans.
- C. The Contractor shall enter into written subcontracts with qualified service providers to deliver covered behavioral health services to Members. See Attachment 5 Network Provider Subcontracts for minimum requirements for the subcontracts.
- D. The Contractor shall require providers to:
  - 1. Obtain a unique national provider identifier (NPI).
  - 2. Operate within their license and scope of practice.
  - 3. Obtain and maintain all applicable insurance coverage, in accordance with the Terms and Conditions of the contract.
  - 4. (AMENDMENT 4) Share, as appropriate, enrollee health records in accordance with professional standards per 42 CFR §438.208(b)(5).
  - 5. (AMENDMENT 6) Through provider agreements, require IBHP providers to incorporate the YES Practice Model, Principles of Care and Child and Family Team into services delivered for all Medicaid members under eighteen (18) years of age. The incorporation

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shall occur at a mutually agreed upon timeframe as services are implemented, but no later than June 30, 2019. The Contractor shall monitor provider network compliance through provider audits.

- E. The Contractor is not obligated to contract with any provider agency or individual practitioner unable to meet contractual standards (see exceptions for FQHCs in section S and Tribal providers in section T). The Contractor shall provide written notice to any individual, facility or agency that applies to be part of the Contractor's network but is not enrolled. The notice shall include the reason(s) the applicant was not accepted into the network. The Contractor shall provide written notice to each network provider the Contractor chooses to end a contract with and shall state the reason for ending the contract. 42 CFR § 438.12(a)(1) and (b) (1).
- F. The Contractor is not obligated to continue to contract with a provider agency or individual practitioner who does not provide services reflective of continuous quality improvement or who demonstrates utilization of services that are an outlier compared to providers with similarly acute populations and/or compared to the expectations of the Contractor and the IDHW.
- G. The Contractor's provider agency and individual practitioner selection policies and procedures cannot discriminate against particular provider agencies or individual practitioners that serve high-risk populations or specialize in conditions that require costly treatment.
- H. The Contractor may not discriminate for the participation, reimbursement, or indemnification of any provider agency or individual practitioner who is acting within the scope of his or her license or certification under applicable State law, solely on the basis of that license or certification. If the Contractor declines to include provider agencies or individual practitioners in its network, it shall give the affected provider agencies and individual practitioners written notice of the reason for its decision. 42 CFR § 438.12(a)(1). This section may not be construed to:
  - 1. Require the Contractor to contract with provider agencies or individual practitioners beyond the number necessary to meet the needs of its enrollee.
  - 2. Preclude the Contractor from using different reimbursement amounts for different specialties or for different practitioners in the same specialty.
  - 3. Preclude the Contractor from establishing measures that are designed to maintain quality of services and control costs and is consistent with its responsibilities to Member. 42 CFR § 438.12(b)
- I. The Contractor shall develop and implement written policies and procedures for the selection and retention of providers per 42 CFR § 438.214(a) and ensure the network of providers is sufficient in number, mix, and geographic distribution to meet the needs of the anticipated number of Members in the service area per 42 CFR § 438.207(b). The Contractor shall provide the policies and procedures to the IDHW when requested. The policies and procedures may be reviewed during the Readiness Review process. These policies and procedures shall include, at a minimum, the following:
  - 1. A documented process for receiving requests for initial services and continuing authorization of services per 42 CFR § 438.214(b)(1);
  - 2. A documented process for credentialing and re-credentialing of providers who have signed contracts or participation agreements with the Contractor per 42 CFR §438.214(b)(2);
  - 3. The Contractor's provider selection policies and procedures, consistent with 42 CFR § 438.214(c), shall not discriminate against particular providers that serve high-risk populations or specialize in conditions that require costly treatment;

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- 4. The Contractor may not employ or contract with providers excluded from participation in Federal health care programs under either section 1128 or section 1128A of the Social Security Act and per 42 CFR § 438.214(d);
- 5. Requirement that criminal conviction information for anyone who has ownership or control interest in the provider, or is an agent or managing employee of the provider as per 42 CFR § 455.106 shall be disclosed; and
- 6. Disclosure of owners, per 42 CFR § 455.104(b)(2), who own five percent (5%) or more in this provider entity (42 CFR § 455.104(a)(2)) shall be disclosed to the IDHW including the following:
  - a. All managing employees of the disclosing entity (provider) as defined in 42 CFR § 455.101:
  - b. Subcontractor in which a practitioner has direct or indirect ownership of five percent (5%) or more per 42 CFR § 455.104(b)(2);
  - c. List ownership of any subcontractor with whom this provider has had business transactions totaling more than twenty-five thousand dollars (\$25,000) during the previous twelve (12) month period per 42 CFR § 455.105;
  - List persons that are related to each other (spouses, parents, children, or siblings);
     and
  - e. Identification of persons with criminal offenses for criminal offenses related to the person's involvement in any program under Medicare, Medicaid, or Title XX, per 42 CFR § 455.100 and 42 CFR § 455.106.
- 7. (Amendment 5) A process to ensure providers who offer Home and Community Based Services (HCBS) funded through the 1915(i) in the IBHP attest to full compliance with HCBS setting regulations IDAPA 16.03.10.310.
  - a. (Amendment 5) From January 1, 2018, until December 31, 2018, Contractor will collect HCBS Setting attestations from providers who deliver 1915(i) services to Medicaid participants in the IBHP. After December 31, 2018, Contractor shall collect HCBS Setting attestations from providers who deliver 1915(i) services to Medicaid participants in the IBHP on an annual basis until the Term of the Agreement. 42 CFR § 441.710.
- J. The Contractor shall not restrict or inhibit providers in any way from freely communicating with or advocating for a Member regarding behavioral health, medical needs, and treatment options, even if the Member needs services that are not covered or if an alternate treatment is self-administered. The Contractor may not prohibit, or otherwise restrict, a health care professional acting within the lawful scope of practice, from advising or advocating on behalf of a Member who is his or her patient:
  - 1. For the Member's health status, medical care, or treatment options, including any alternative treatment that may be self-administered.
  - 2. For any information the Member needs in order to decide among all relevant treatment options.
  - 3. For the risks, benefits, and consequences of treatment or non-treatment.
  - 4. For the Member's right to participate in decisions regarding his or her health care, including the right to refuse treatment, and to express preferences about future treatment decisions.

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- K. The Contractor shall require providers to communicate information to assist a Member to select among relevant treatment options, including the risks, benefits, and consequences of treatment or non-treatment; the right to participate in decisions regarding his or her behavioral health care; and the right to refuse treatment and to express preferences about future treatment decisions.
- L. The Contractor shall:
  - 1. Ensure the provider network is sufficient in size and composition to meet the needs of Members, per 42 CFR § 438.206(b)(1), based on the following factors:
    - a. Growth trends in eligibility and enrollment.
    - b. Best practice approaches.
    - c. Accessibility of services including:
      - The number of current qualified service providers in the network who are not accepting new referrals.
      - ii. The geographic location of providers and Members considering distance, travel time, and available means of transportation.
      - iii. Availability of services with physical access for persons with disabilities.
      - iv. Cultural and linguistic needs, including the Member's prevalent language(s) and sign language.
  - 2. (AMENDMENT 4) Maintain a network of appropriate providers that is supported by written agreements and is sufficient to provide adequate access to all services covered under the contract per 42 CFR § 438.206(b)(1) and 42 CFR § 438.206(c)(3). In establishing and maintaining the network, the entity shall consider the following:
    - a. The anticipated Medicaid enrollment.
    - The expected utilization of services, taking into consideration the characteristics and health care needs of specific Medicaid populations represented in the particular contract.
    - c. The numbers and types (in terms of training, experience, and specialization) of providers required to furnish the contracted Medicaid services.
    - d. The numbers of network providers who are not accepting new Members.
    - e. The geographic location of providers and Members, considering distance, travel time, the means of transportation ordinarily used by Members, and whether the location provides physical access for Members with disabilities.
  - 3. Ensure at least as much access to services as exists within Medicaid's fee-for-service program.
  - 4. Establish the initial managed care provider network by drawing from the pool of the existing enrolled Medicaid behavioral health agencies that have either successfully achieved Medicaid credentialing or national accreditation in addition to any other qualified practitioners that may or may not have ever delivered services to Members. Network providers shall meet the standards set by the Contractor and IDAPA and be in compliance with all federal and state requirements, including not being on the federal and state exclusion lists.

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- 5. Perform credentialing and re-credentialing of qualified service providers in order to ensure they meet the accreditation requirements set by the Contractor and compliance to IDAPA, state and federal statutes.
- 6. Implement and maintain written credentialing and re-credentialing policies consistent with federal and state regulations for selection and retention of providers, credentialing and recredentialing, and nondiscrimination. 42 CFR § 438.214;
- Contract with providers of behavioral health services who are appropriately licensed and/or certified and meet the Contractor's criteria for network enrollment including completion of a Network Provider Subcontracts. See Attachment 5 - Network Provider Subcontracts.
- 8. Evaluate every prospective individual practitioner's ability to deliver behavioral health services in the continuum of care prior to contracting with any provider agency that employs such practitioners.
- 9. Identify the gaps in services and access, and implement solutions to resolve the issues.
- 10. Develop and recruit culturally informed Native American and Hispanic practitioners into the provider network to provide services.
- 11. Whenever possible, ensure Members have a choice of providers, to the extent possible, which offer the appropriate level of care. (42 CFR § 438.6(m)) Exceptions would involve highly specialized services which are usually available through only one (1) agency or provider in the geographic area. Members may change providers.
- 12. Honor existing Member/provider relationships as much as possible in the newly established network. If a change is necessary, the Contractor shall ensure a seamless transition of services or providers.
- 13. Pursuant to Early Periodic Screening, Diagnosis and Treatment (EPSDT) requirements, if a child under the age of twenty one (21) needs a specialized medically necessary service that is not available through the network, the Contractor shall arrange for the service to be provided outside the network by a qualified provider.
- 14. Maintain a list of current network providers that is available to Members, the Member's family/caregiver and referring providers in hard copy and electronically. The list shall specify providers who are able to deliver services in languages other than English.
- 15. Conduct an Annual Network Inventory and provide a written report to the IDHW by a date determined by the IDHW. The first inventory due date will be relative to the implementation of services date of the Idaho Behavior Health Plan. The Contractor shall prepare the network inventory to quantify the number of qualified service providers, including the crisis response providers, available within the network as follows:
  - a. Each category of covered behavioral health services as identified by the IDHW.
  - b. Specialty behavioral health service providers, including providers with expertise to deliver services to persons with developmental disabilities, non-English speaking persons, and other specialties as identified by the IDHW.

### XII. Notification Requirements for Changes to the Network

A. The Contractor shall notify and obtain written approval from the IDHW before making any material changes in the size, scope, or configuration of its network, as described in the Contractor's Network Development and Management Plan. A material change includes any

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event that affects service delivery and includes a reduction in workforce at a qualified service provider level; any plan to not fill, or delay filling, staff vacancies; or termination of a subcontract, the crisis provider and other qualified providers. The Contractor shall notify the IDHW, in writing within one (1) business day of the Contractor's knowledge of an expected, unexpected, or anticipated material change to the network or a network deficiency that could affect service delivery, availability, or capacity within the provider network. The notice shall include:

- 1. Information describing how the change will affect service delivery, availability, or capacity of covered behavioral health services.
- 2. A plan to minimize disruption to the behavioral health Member's care and service delivery.
- 3. A plan for clinical team meetings with the behavioral health Member and his or her family/caregiver as appropriate to discuss available options and revise the treatment plan to address any changes in services or service providers.
- 4. A plan to correct any network deficiency.
- B. Should a provider be terminated from the network for cause, the Contractor ensure this information is reported to the Medicaid Program Integrity Unit as well as the IDHW Contract Manager.
- C. The Contractor shall utilize performance and quality assurance data when determining to retain providers. Describe the criteria to be used for making the determination to terminate a network provider.
- D. The Contractor shall notify a network provider in writing when a determination is made to terminate a provider from the network and ensure prior written notice includes details pertaining to the decision to terminate. Submit a sample of a termination notice with your proposal.
- E. The Contractor shall ensure the IDHW is notified within two (2) business days if a provider fails to meet licensing criteria, or if the Contractor decides to terminate, suspend, limit, or materially change qualified service providers or subcontractors. The notice to the IDHW shall include:
  - 1. The number of Members affected by the termination, limitation, suspension, or material change decision.
  - 2. A plan to ensure that there is minimal disruption to the behavioral health Member's care and service delivery.
  - 3. The Contractor shall require the behavioral health Member's original provider to be responsible for transitioning his or her Members until the behavioral health Member has attended the first appointment with the new provider.
  - 4. A plan for clinical team meetings with the behavioral health Member and his or her family/caregiver as appropriate to discuss available options and to revise the treatment plan to address any changes in services or service providers.
  - 5. (AMENDMENT 1) A plan to communicate changes to affected Members, including provision of required notices per 42 CFR § 438.10(f)(4) and (5). The Contractor must make a good faith effort to give written notice of termination of a contracted provider, within fifteen (15) calendar days after receipt or issuance of the termination notice, to each enrollee who was seen on a regular basis by the terminated provider.

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- 6. A written transition plan for Members affected by these network changes.
- F. The Contactor shall track all Members transitioned due to a subcontract's suspension, limitation, termination, or material change to ensure service continuity. At a minimum, the Contractor shall track the following elements: name, date of birth, population type, current services the Member is receiving, services that the Member will be receiving, name of new provider, date of first appointment, and activities to re-engage persons who miss their first appointment with the new provider. The IDHW may require the Contractor to add other elements based on the particular circumstances.
- G. The Contractor shall ensure the Contractor and its providers, where applicable, use common data elements to match existing required data fields specified by the IDHW.

# XIII. Provider Training and Technical Assistance

A. The Contractor shall develop and implement comprehensive provider training and support a training program for providers to gain and maintain appropriate knowledge, skills, and expertise and receive technical assistance to comply with the requirements resulting from this RFP. The trainings should be reported in the annual Provider Training Report. The Contractor shall incur all costs required to perform the training tasks, including facility, staffing, hardware and software cost, printing and distribution of all reports, forms, training materials, and correspondence.

#### B. The Contractor shall:

- 1. Stimulate the development of providers' capacity to treat co-occurring disorders, dual diagnoses, very young children, Native American Members, and Hispanic Members;
- 2. Develop and implement training opportunities for qualified providers to occur, at minimum, once per quarter;
- 3. Provide technical assistance to network providers;
- 4. Include a cultural competency component in each training topic;
- 5. Educate and require providers to use evidence-based practices, promising practices, and emerging best practices;
- 6. Educate providers on billing and documentation requirements;
- 7. Provide required orientation and training for all providers new to the Contractor's network.
- 8. Develop and implement an annual training plan that addresses all training requirements;
- 9. Involvement of Members and family members in the development and delivery of trainings.
- 10. (AMENDMENT 6) (AMENDMENT 4) Ensure the provider network serving Medicaid eligible children are provided initial and ongoing YES trainings to include practical application of the Principles of Care, Practice Manual and CFT approach as agreed upon by the Department and the Contractor.

## XIV. Electronic Health Records (EHR)

A. The Contractor shall work with network providers to develop and implement EHR systems that will meet provider needs for real time data access and evaluation in medical care. See

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- Attachment 13 Electronic Health Records.
- B. The Contractor shall ensure that behavioral health providers participating in the managed care program adopt and use electronic health record technology. Please refer to Attachment
   3 Definitions for a definition of electronic health record and Attachment 13 Electronic Health Records for more details regarding these requirements.

# XV. Management of Care

- A. The Contractor shall provide care management and case management functions to promote achievement of the goals of this RFP including, but not limited to:
  - 1. Ensuring a person-centered process of care management and case management;
  - 2. Providing a multidisciplinary team approach that ensures working with all parties involved in the children's and adults' systems of care to establish service eligibility;
  - 3. Arranging for services in network including movement to higher or less restrictive levels of care;
  - 4. Linking to services out-of-network as appropriate;
  - 5. Coordinating the delivery of services including primary care services that function to rule out metabolic processes that may mimic behavioral health symptoms;
  - 6. Monitoring and evaluating the Member's response to the behavioral health services as well as tracking such Members with complex medical needs use of medical services;
  - 7. Advocating for Members who need multiple services to meet complex needs;
  - 8. Promoting activities and referrals to services that facilitate a Member's independence;
  - 9. Operating a screening process for Member's seeking inpatient behavioral health services in order to activate a hospital diversion mechanism;
  - 10. Participating in hospital discharge planning processes in an effort to impact lengths of stay and to facilitate timely admissions to step-down services;
  - 11. (AMENDMENT 4) THIS ITEM HAS BEEN REMOVED.
  - 12. (AMENDMENT 4) THIS ITEM HAS BEEN REMOVED.
  - 13. Coordinating with other providers and programs that deliver behavioral health services outside of the Contractor's delivery system.
  - 14. (AMENDMENT 6) (AMENDMENT 5) (AMENDMENT 4) Work collaboratively with the Medicaid SED independent assessor to ensure applicants are identified and screened for Medicaid SED Program eligibility.
    - a. (AMENDMENT 5) (AMENDMENT 4) Support referral of potential class members, both Medicaid and non-Medicaid to the independent assessor;
    - b. (AMENDMENT 4) Deliver IDHW-developed communications to the IBHP provider network pertaining to YES;
    - c. (AMENDMENT 6) (AMENDMENT 5) Provide information on the Medicaid SED Program Access Model to anyone who calls the Optum Idaho member or provider line using scripts approved by Medicaid.

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- 15. (AMENDMENT 4) The Contractor shall coordinate services:
  - a. (AMENDMENT 5) (AMENDMENT 4) with the services the Member receives from other Managed Care Organization (MCO), Prepaid Inpatient Health Plan (PIHP), PAHP or Primary Care Case Management (PCCM) as established by IDHW;
  - b. (AMENDMENT 4) with the services the Member receives directly from Medicaid as established by IDHW;
  - c. (AMENDMENT 4) with the services the Member receives from community and social support providers; and
  - d. (AMENDMENT 4) between inpatient and outpatient settings of care to assist in accessing IBHP services.
- 16. (AMENDMENT 4) Share with the IDHW results of any suspected duplication of services outside of IBHP to prevent duplication of those activities.
- 17. (AMENDMENT 4) Ensure that each provider furnishing services to enrollees maintains and shares, as appropriate, an enrollee health record in accordance with professional standards.
- 18. (AMENDMENT 4) Ensure that in the process of coordinating care, each enrollee's privacy is protected in accordance with the privacy requirements in 45 CFR parts 160 and 164 subparts A and E, to the extent that they are applicable.
- 19. (AMENDMENT 6) (AMENDMENT 5) Person Centered Plan Review for Medicaid SED Program members. The Contractor shall:
  - a. (AMENDMENT 5) Review and determine if Person Centered Plans submitted to the Contractor for review meet requirements set by Medicaid and 42 CFR 441.725.
  - b. (AMENDMENT 5) Determine if submitted Person Centered Plans are complete or incomplete according to Medicaid's established requirements within five (5) business days of receipt. Once the review is completed, notification must be sent to the Division of Behavioral Health representative facilitating the Person Centered Plan.
  - c. (AMENDMENT 6) (AMENDMENT 5) Align Medicaid SED Program Member services with needs and strengths identified in the Class Member's approved Person Centered Plan. All services received through the IBHP, except crisis services and EPSDT, shall have a correlated need documented on the Class Member's approved Person Centered Plan. When there are changes that warrant an update to a Person Centered Plan, the member and family will work with the Person Centered Planning team to update the Person Centered Plan to reflect all services including EPSDT.
  - d. (AMENDMENT 5) Work with Medicaid to implement and maintain tracking and reporting of metrics for the Person Centered Plan process that are identified by Medicaid and the Contractor.
  - e. (AMENDMENT 6) Reimburse for respite services for Medicaid eligible Members who have been assessed as having a SED through the Department's designated Independent Assessor beginning January 1, 2018.

# XVI. Intake and Assessment

A. (AMENDMENT 4) The Contractor shall design and manage an intake process distinctive from the assessment process and that makes use of standardized tools. Currently the IDHW

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doesn't require a standardized tool to be used for determining Members' mental health program eligibility. The Contractor shall require its network to use IDHW approved assessments for the intake and assessment processes.

B. The Contractor shall implement an intake process that includes a triage process which will identify and distinguish crises, urgent services and routine treatment needs.

### C. The Contractor shall:

- 1. Ensure the intake process allows the Member to receive needed services immediately, when indicated by the presenting problem, without the delay that would be caused by the assessment process.
- Implement a process that results in an independent, standardized assessment of the Member's behavioral health care needs.
- 3. Ensure the assessment process meets the intent of Idaho Code § 56-263.
- 4. Identify and monitor episodic behavioral health needs and support intervention in a coordinated and minimally disruptive manner. Contractor's response should include screening strategies for common episodic behavioral health conditions such as affective disorders, eating disorders, adjustment disorders and coping disorders.
- 5. Identify and monitor persistent behavioral health needs and support intervention in a coordinated and minimally disruptive manner. Contractor's response should include screening strategies for proactively identifying and locating persons with persistent behavioral health conditions.

### XVII. Treatment Planning/Self Determination and Choice

A. The Contractor shall implement a person-centered treatment planning process that results in improved Member and family experiences of care, promotes effectiveness and enhances outcomes. See Attachment 3 - Definitions.

#### B. The Contractor shall:

- 1. Ensure the development of a plan of care for each Member receiving behavioral health services:
- 2. Ensure the plan of care is developed according to the Member's choices regarding his or her recovery (and in the case of dependent minors, the choices of the minor's guardian are also considered);
- 3. Ensure the plan is derived from all available diagnostic information and all available historical and current treatment information;
- 4. Ensure development of plans of care provides opportunities for the following to participate in the process:
  - a. All service providers affiliated with the Member;
  - b. The Member; and
  - c. All support persons the Member chooses (and in the case of dependent minors, the choices of the minor's guardian).
- 5. Ensure the plan of care includes all the components recognized as industry standards for behavioral health treatment planning;

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6. Ensure an appropriate intermittent review and oversight process is utilized that is consistent with industry standards.

# XVIII. Primary Care Interface: Primary Care Case Management Program (PCCM) (AMENDMENT 4)

A. The Contractor shall coordinate services with the IDHW's two (2) programs for coordination of Members' physical health needs PCCM program: Healthy Connections and a program recently developed at Medicaid: Health Homes. More information about the Healthy Connections program can be read at the following link: http://www.healthandwelfare.idaho.gov/Medicai/Medicaid/HealthyConnections/tabid/216/Defa ult.aspx). Please see Attachment 20 - State Medicaid Director Letters for more information about the Health Home program.

#### B. The Contractor shall:

- 1. Ensure a Member's primary care provider (PCP) has the opportunity to participate in the process used to diagnose and plan treatment for the Member;
- 2. Ensure ongoing communication and collaboration with a Member's PCP throughout the time period that the Member receives services through the Idaho Behavioral Health Plan, including the sharing of all screenings, assessments and treatment plans;
- 3. Ensure coordination of use of medications;
- 4. Operate a PCP hotline, or equivalent service, for PCPs' real-time telephonic consultation with a licensed behavioral health professional at the master's level or higher for either of the following two (2) purposes:
  - a. Information to support the PCP in the provision of behavioral health interventions/services that the PCP and Member choose;
  - b. Information for the PCP to use for referring the Member to the Contractor's services.
- Provide on-line access to standardized screening tools for PCPs to use for identifying behavioral health issues.
- 6. (AMENDMENT 4) Require providers to update other behavioral health and or medical clinicians when there is a change in the Member's condition or medication(s).
- 7. (AMENDMENT 4) Require providers to update other health care professionals when serious medical conditions warrant closer coordination.
- 8. (AMENDMENT 4) Require providers to send a copy of the discharge summary to the other treating professionals at the completion of treatment.
- 9. (AMENDMENT 4) Require providers to attempt to obtain all relevant clinical information that other treating professionals may have pertaining to the Member's mental health or substance abuse problems.

# XIX. Federally Qualified Health Centers (FQHC) and Rural Health Clinics (RHC)

- A. (AMENDMENT 4) The Contractor shall recognize RHCs and FQHCs that provide behavioral health services as behavioral health providers and enroll them in the Contractor's network.
- B. The Contractor shall interface with FQHC patient-centered processes to help ensure services are delivered in the most effective manner to the Members.

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- C. (Amendment 5) The Contractor shall ensure that reimbursement to FQHCs and RHCs for behavioral health services done in the FQHC facility or RHC facility will be made using Medicaid's reimbursement methodology, which is payment at an encounter rate, in an amount unique to each FQHC and RHC, as determined by the IDHW. The Contractor shall reimburse FQHCs using a fee-for-service payment model for services identified by the IDHW that are deemed to be outside of the encounter rate.
  - 1. FQHC services are defined in IDAPA 16.03.09.832.
  - 2. RHC services are defined in IDAPA 16.03.09.820.
- D. The Contractor shall ensure that one (1) behavioral health encounter rate will be paid for all covered behavioral health services provided on the same visit to an FQHC or an RHC. Medicaid encounter rates for FQHC and RHC behavioral health providers are listed in Attachment 11 FQHC and RHC Encounters.
  - Because it is not possible to accurately project what the annual FQHC or RHC encounter rate increases may be, the IDHW will reimburse the Contractor for the difference between the encounter rates effective at the Idaho Behavioral Health Plan implementation and the FQHC or RHC rate increases over and above the annual inflation rate that may occur after the plan implementation.
- E. (AMENDMENT 4) (AMENDMENT 1) THIS ITEM HAS BEEN REMOVED.
- XX. <u>Indian Health Services (IHS), Tribes and Tribal Organizations, and Urban Indian Organizations</u> (collectively known as I/T/U) (AMENDMENT 1)
  - A. The Contractor shall:
    - 1. (AMENDMENT 1) Recognize I/T/U facilities that provide behavioral health services as behavioral health providers and enroll them in the Contractor's network.
    - 2. (AMENDMENT1) Provide reimbursement for Native Americans accessing behavioral health services at I/T/U facilities. Reimbursement shall be made at the federally set encounter rate. The Contractor must reimburse I/T/U providers whether they participate in the network or not.
    - (AMENDMENT 1) Report the number of encounters and the difference between the Contractor's standard reimbursement for the service and the encounter rate to the IDHW on an annual basis.
    - 4. (AMENDMENT 1) Demonstrate there are sufficient I/T/U providers in the network to ensure timely access to services available under the contract for Native American enrollees who are eligible to receive services from such providers.
    - 5. (AMENDMENT 1) Make prompt payment to all I/T/U providers in its network as required for payments to practitioners in individual or group practices under federal regulations at 42 CFR § 447.45 and 447.46.
    - 6. (AMENDMENT 1) Not apply premiums or any other Medicaid cost sharing to Native American enrollees served by I/T/U providers.
    - 7. (AMENDMENT 1) Ensure I/T/U providers receive full payment without any reduction for Medicaid cost sharing amounts.
    - 8. (AMENDMENT 4) Comply with all requirements established in the IDHW's Special Terms and Conditions for the IBHP 1915 (b) Waiver (Attachment 29).
  - B. (AMENDMENT 4) If there are no FQHCs in the Contractor's network, the Contractor shall pay

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for a Native American Member to access an out-of-network FQHC at the in-network rate. Should a Native American enrollee seek care from an Indian Health Program or an Urban Indian Organization owned FQHC, the Contractor shall reimburse the Indian Health Program or Urban Indian Organization owned FQHC no less than the Contractor pays any of its in-network FQHCs whether or not it is participating in the Contractor's network.

1. (AMENDMENT 4) Payment methodology for Indian Health Care Programs should align with 42 CFR § 438.14 (c) (2).

# XXI. <u>Member Service Transitions</u>

- A. The Contractor shall implement and monitor written policies and procedures regarding service transitions for all members.
- B. The Contractor shall demonstrate its awareness of the unique set of challenges faced by children between the ages of fourteen (14) and twenty one (21), referred to in this RFP as youth, and families when the youth transitions from the child to the adult behavioral health system. Such challenges may include application for adult Medicaid benefits, service and provider changes, lack of coordination even within a provider organization, and failure of providers to recognize the additional time, training and support necessary for youth with behavioral health disorders to achieve customary developmental milestones. Youth with serious behavioral health challenges are delayed in almost every area of psychosocial development. There may also be significant resistance to accepting the label of mental illness or a substance use disorder among youth as they approach adulthood, and accompanying resistance to engaging in treatment.
- C. The Contractor's Member Service Transition Plan shall include:
  - 1. How the Contractor will identify Members who need assistance and how the Members will be evaluated;
  - 2. At a minimum, how the Contractor will address the specialized needs of adult and youth members as noted below:
    - a. Adults:
      - i. Behavioral health Member transitions to/from another behavioral health practitioner or agency;
      - ii. Behavioral health Members whose behavioral health service provider becomes unable to continue service delivery for any reason;
      - iii. Behavioral health Member transitions to/from an assisted care facility or long term care placement for Members who continue to require behavioral health services;
      - iv. Behavioral health Member transitions from the correctional or community corrections system back to the community; and
      - v. Behavioral health Member discharges from an inpatient, sub-acute, psychiatric residential treatment facility, or mental health institute.

#### b. Youth:

- Assistance with application for adult Medicaid benefits, including submitting applications in advance so that reapplication may be made, if necessary, without losing benefits, and assisting families, as needed, to transfer diagnoses used in the child behavioral health system to the appropriate adult diagnoses;
- ii. Provide person-centered, strengths-based programming for youth from ages fourteen (14) to twenty one (21), focusing on education, employment, social and

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problem-solving skills, symptom management, reaction to stigma, sexual and gender identity, living situation/housing, personal health care, transportation resources, substance use disorder prevention or relapse prevention, and cultural and spiritual resources;

- iii. Provide programming to facilitate Member transitions from the juvenile correctional or community corrections system or inpatient/residential treatment back to the community;
- iv. Assist the youth and family to create a personal Safety Net of community supports, including a reliable family-like or healthy peer connection;
- v. Assess internal business practices, communication channels, and administrative support necessary to ensure a smooth transition for youth Members to the adult behavioral health system; and
- vi. Provide training and a curriculum to educate staff about the unique needs of this population.

### XXII. Early Periodic Screening, Diagnosis and Treatment (EPSDT)

- A. The Contractor shall provide EPSDT benefits for Members up to the last day of the month in which they reach twenty one (21) years of age.
  - (Amendment 5) Outpatient behavioral health services approved for EPSDT funding that
    are outside of Idaho Medicaid's State Plan and determined to meet medical necessity for
    a child under twenty one (21) years of age shall be funded by the Contractor through innetwork or out-of-network agreements.
  - 2. (Amendment 5) EPSDT outpatient behavioral health services provided to Members must be identified as mandatory or optional services listed in section 1905(a) of the Social Security Act regardless if such services are covered under the State Plan
  - 3. (Amendment 5) Medical necessity decisions related to EPSDT will be made on a case-by-case basis considering the individual needs of the child and services available or the lack of services available within the region the child's primary residence is located. 42 CFR § 441 Subpart B.
  - 4. (Amendment 5) EPSDT requests shall be reviewed by the Contractor for medical necessity within fourteen (14) business days of receipt of a completed EPSDT request and medical history information. When the Contractor's review is dependent upon the receipt of additional information, additional information will be requested by the Contractor from the family or primary care physician (or other as indicated). The Contractor shall have a policy for situations when information is insufficient to make a determination. This policy shall be approved by the Department. Expedited requests will be processed by the Contractor and members and providers will be notified of the determination within seventy-two (72) hours of the request per section XXIV.C.3b of this contract.

### B. The Contractor shall:

- 1. Ensure Members and the network of behavioral health providers are sufficiently informed of EPSDT requirements; and
- 2. Ensure accurate quarterly reporting of EPSDT requests, EPSDT benefits provided, EPSDT benefits denied, and the outcomes of such authorization decisions.

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## XXIII. Complaint, Quality of Care Concern, and Critical Incident Resolution and Tracking System

- A. (AMENDMENT 4) (AMENDMENT 3) The Contractor shall implement and maintain a Complaint, Quality of Care Concern, and Critical Incident Resolution and Tracking System for all Complaints and Quality of Care Concerns received. For Complaints, the Contractor shall have a system in place allowing providers, Members and authorized representatives of Members, the opportunity to express dissatisfaction with the general administration of the plan and services received.
  - 1. (AMENDMENT 4) The Contractor and its network providers shall abide by Idaho State law including those laws regarding mandatory reporting.
  - 2. (AMENDMENT 4) The Contractor shall not be required to disclose to the public any information that is confidential under federal or state laws and regulations.
- B. (AMENDMENT 3) The Contractor shall have policies and procedures for resolving and tracking general complaints and quality of care concerns.
  - 1. General Complaint Process. The following must be included in the Contractor's general complaint procedures:
    - a. Complaints may be lodged by a Member, Member's authorized representative, or a provider either orally or in writing.
    - b. A person designated to conduct a reasonable investigation or inquiry into the allegations made by or on behalf of the Member or provider and shall give due consideration and deliberation to all information and arguments submitted by or on behalf of the Member or provider.
    - c. Designee shall respond in writing to each General Complaint, stating at a minimum:
      - i. A summary of the General Complaint, including a statement of the issues raised and pertinent facts determined by the investigation;
      - ii. A statement of the specific coverage or policy or procedure provisions that apply; and
      - iii. A decision or resolution of the General Complaint including a reasoned statement explaining the basis for the decision or resolution.
  - 2. (AMENDMENT 4) (AMENDMENT 3) Quality of Care Concerns Process. The following must be included in the Contractor's Quality of Care Concern procedures:
    - a. (AMENDMENT 4) THIS ITEM HAS BEEN REMOVED.
    - b. (AMENDMENT 3) Quality of Care Concerns shall be defined and reported in categories of health and safety incidents affecting a Member. Definitions shall be proposed by the Contractor and approved by the IDHW.
    - c. (AMENDMENT 4) (AMENDMENT 3) Quality of Care Concerns shall be logged by the Contractor when a Quality of Care Concern is reported, observed or noted. Quality of Care Concerns can be filed orally or in writing by a Member, a Member's authorized representative, stakeholder, the IDHW or a provider.
    - d. (AMENDMENT 4) (AMENDMENT 3) Contractor staff shall conduct a reasonable investigation or inquiry into the Quality of Care Concerns logged, and give due consideration and deliberation to all information submitted by or on behalf of the Members.
    - e. (AMENDMENT 4) (AMENDMENT 3) The Contractor shall resolve each Quality of Care Concern report by documenting at a minimum:

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- (AMENDMENT 3) A summary of the quality of care concern including a statement of the issues raised and pertinent facts determined by the investigation;
- ii. A statement of the specific coverage or policy or procedure provisions that apply; and
- iii. (AMENDMENT 3) A decision or resolution of the quality of care concern including a reasoned statement explaining the basis for the decision or resolution.
- C. (AMENDMENT 4) (AMENDMENT 3) The Contractor's Complaint, Quality of Care Concerns, and Critical Incidents Resolution and Tracking System shall include components that allow the Contractor to analyze all complaints and provide reports as requested by the IDHW.

# D. The Contractor shall:

- 1. (AMENDMENT 4) (AMENDMENT 3) Have a methodology for reviewing and resolving complaints and Critical Incidents received including timelines for the process.
- 2. (AMENDMENT 4) (AMENDMENT 3) Ensure general Complaints are resolved within ten (10) business days. Ensure Quality of Care Concerns are resolved within thirty (30) calendar days based upon the IDHW-approved Optum Idaho QOS Complaints and QOC Concerns Policy and Procedure document.
- 3. (AMENDMENT 4) Ensure complainants are sent written notifications of resolutions for all general Complaints within ten (10) business days of receipt.
  - a. (AMENDMENT 4) Quality of Care Concern resolutions may be communicated back to the complainant in alignment with applicable federal and state law and regulations.
- 4. (AMENDMENT 4) (AMENDMENT 3) Address all Complaints and Critical Incidents that may need resolution at the IDHW level.
- 5. (AMENDMENT 4) (AMENDMENT 3) Have internal controls to monitor the operation of the Complaint and Critical Incidents resolution and Tracking System.
- 6. (AMENDMENT 4) (AMENDMENT 3) Track all Complaints and Critical Incidents, whether they are resolved or in the process of resolution, and report the information to the IDHW.
- 7. (AMENDMENT 4) (AMENDMENT 3) Analyze all Complaints and Critical Incidents and utilize the information to improve business practices.
- 8. (AMENDMENT 4) Ensure complainants are sent written acknowledgement notifications for all Complaints within five (5) business days of receipt.
- E. (AMENDMENT 4) (AMENDMENT 3) The Contractor shall ensure that all documents pertaining to all Complaints and Critical Incident investigations and resolutions are preserved in an orderly and accessible manner.
- F. (AMENDMENT 3) Critical Incidents. The Contractor shall have a system for identifying, reporting and addressing all alleged critical incidents involving IBHP members. The Contractor shall report critical incidents meeting high profile criteria within twenty-four (24) hours of identification:
  - 1. (AMENDMENT 3) The Contractor shall have a system for identifying and addressing all alleged critical incidents involving IBHP members.
  - 2. (AMENDMENT 4) (AMENDMENT 3) THIS ITEM HAS BEEN REMOVED.

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- 3. (AMENDMENT 3) Critical incidents shall be defined and reported to IDHW in categories of health and safety incidents affecting a member. Definitions shall be proposed by the Contractor and are subject to approval by the IDHW.
- 4. (AMENDMENT 3) Critical incidents shall be logged by a network provider, or the Contractor itself, when a critical incident is either observed or noted.
- (AMENDMENT 3) The Contractor shall designate a network provider or Contractor staff
  to conduct a reasonable and prompt investigation or inquiry into the critical incident
  logged, and give due consideration and deliberation to all information submitted by or on
  behalf of the Members.
- 6. (AMENDMENT 3) The Contractor shall take action as necessary to address all confirmed critical incidents.
- 7. (AMENDMENT 4) (AMENDMENT 3) THIS ITEM HAS BEEN REMOVED.
- G. (AMENDMENT 4) (AMENDMENT 3) THIS ITEM HAS BEEN REMOVED.

## XXIV. Member Complaints and Tracking System (Amd 6)

- A. (AMENDMENT 4) The Contractor shall have a system in place for Members and a Member's authorized representative to file an Appeal challenging the Contractor's Adverse Benefit Determination, in accordance with 42 CFR § 438 Subpart F.
  - 1. (AMENDMENT 4) The Contractor shall have one (1) level of Appeal available to Members up to sixty (60) calendar days after an Adverse Benefit Determination is issued.
  - 2. (AMENDMENT 4) A Member may request a State Fair Hearing after exhausting the Contractor's appeal process in which the Adverse Benefit Determination was upheld in whole or in part.
- B. (AMENDMENT 4) The Contractor shall have policies and procedures for addressing and tracking Adverse Benefit Determinations and Appeals.
  - 1. Any decision to deny a service authorization request or to authorize a service in an amount, duration, or scope that is less than requested must be made by a licensed clinician or physician who has appropriate clinical expertise in the treatment requested for the Member.
- C. The Contractor's policies and procedures shall include:
  - 1. Definitions:
    - a. (AMENDMENT 4) Adverse Benefit Determination means the denial or limited authorization of a requested service; termination, suspension, or reduction of a previously authorized service; the denial, in whole or in part, of a payment for service; or the failure to act upon a request for services in a timely manner.
    - b. (AMENDMENT 4) Appeal means a request for reconsideration by the Member, or the Member's authorized representative, following an Adverse Benefit Determination by the Contractor.
    - c. (AMENDMENT 6) (AMENDMENT 4) Complaint (also known as grievance) means an expression of dissatisfaction about any matter other than an Adverse Benefit Determination in accordance with 42 CFR § 438.400(b)(7).
    - d. (AMENDMENT 4) Notice is a written statement of the Contractor's Adverse Benefit Determination.

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- 2. (AMENDMENT 4) Notice of Adverse Benefit Determination:
  - a. (AMENDMENT 4) The notice must be in writing and comply with the requirements of 42 CFR § 438.404 (a) and (b), with Spanish as the prevalent non-English language.
  - b. The notice must be given to the requesting provider and to the Member.
  - c. The notice must explain the following:
    - i. (AMENDMENT 4) The Adverse Benefit Determination the Contractor has taken or intends to take;
    - ii. (AMENDMENT 4) The reasons for the Adverse Benefit Determination including the correct citation to any applicable laws or regulations;
    - iii. (AMENDMENT 4) The Member's right to file an Appeal and procedures for filing an Appeal with the Contractor;
    - iv. The Member's right to represent themselves or be represented by a person of their choosing; and
    - v. (AMENDMENT 4) (AMENDMENT 3) The reasons for the Adverse Benefit Determination, including the right of the enrollee to be provided upon request and free of charge, reasonable access to and copies of all documents, records, and other information relevant to the enrolled's Adverse Benefit Determination. Such information includes medical necessity criteria and any processes, strategies, or evidentiary standards used in setting coverage limits.
  - d. (AMENDMENT 4) The Contractor must ensure that punitive action is not taken against a provider who requests an expedited resolution or supports an enrollee's Appeal.

# 3. Timing of Notice:

- a. (AMENDMENT 4) (AMENDMENT 1) For standard service authorization decisions that deny or limit services, the Contractor must mail the written notice as expeditiously as the enrollee's health condition requires and within State-established timeframes that may not exceed fourteen (14) calendar days following receipt of the request for service as specified in 42 CFR § 438.210(d)(1);
- b. (AMENDMENT 4) For cases in which a provider indicates, or the Contractor determines, that following the standard timeframe could seriously jeopardize the participant's life or health or ability to attain, maintain, or regain maximum function, the Contractor must make an expedited authorization decision and provide notice as expeditiously as the participant's health condition requires and no later than seventy-two (72) hours after receipt of the request for service. The Member or provider may file an expedited appeal either orally or writing. No additional Member follow-up is required.
- c. If the Contractor extends the timeframe for decision in accordance with 42 CFR § 438.210(d)(1), it must:
  - (AMENDMENT 4) Give the Member written notice of the reason for the extension of time and inform the participant of the right to file a complaint if they disagree; and
  - ii. Issue and carry out its decision no later than the date the extension expires.
- d. (AMENDMENT 4) (AMENDMENT 3) For service authorization decisions not reached

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- within the timeframes specified in 42 CFR § 438.210(d) (which constitutes an Adverse Benefit Determination), the Contractor shall give notice on the date the timeframes expire.
- e. (AMENDMENT 4) (AMENDMENT 3) For termination, suspension, or reduction of previously authorized services, within the timeframes specified in 42 CFR §§ 431.211, 431.213, and 431.214 as indicated by 42 CFR §§ 431.211, a Member will be mailed a notice ten (10) business days before the date of an Adverse Benefit Determination when a previously authorized covered service is being terminated, suspended or reduced.

# 4. (AMENDMENT 4) Appeal Process:

- a. (AMENDMENT 4) A Member or Member's authorized representative may file an Appeal.
- b. (AMENDMENT 4) An Appeal may be filed either orally or in writing with the Contractor. If mistakenly filed with the IDHW, it will be immediately forwarded to the Contractor.
- c. (AMENDMENT 4) (AMENDMENT 3) Allow a reasonable time period following its Adverse Benefit Determination for the Member or authorized representative to file an Appeal. The Member or authorized representative has sixty (60) calendar days from the date of the initial Adverse Benefit Determination notice to file an Appeal.
- d. Give Members any reasonable assistance in completing forms and taking other procedural steps including, but not limited to, providing interpreter services and toll-free numbers that have adequate TTY/TTD and interpreter capability.
- e. (AMENDMENT 4) Acknowledge receipt of each Appeal.
  - i. (AMENDMENT 4) Ensure that individuals who make decisions on appeals are individuals who were not involved in any previous review or decision of the Adverse Benefit Determination nor a subordinate of any such individual; and if deciding an appeal of a denial based on medical necessity or involving clinical issues, are health care professionals who have the appropriate clinical expertise, as determined by the IDHW, in treating the Member's condition.
- f. (AMENDMENT 4) Appeals filed with the Contractor by providers must have written consent from a Member or Member's authorized representative in accordance with state and federal privacy laws.
- 5. (AMENDMENT 4) Appeal Decision and Notification.
  - a. (AMENDMENT 4) Notice of an Appeal decision shall be provided to the affected parties, in writing, within thirty (30) calendar days from the date the Contractor received the Appeal stating at a minimum, unless a delay is in the Member's interest and meets requirements in 42 CFR § 438.408:
    - i. (AMENDMENT 4) A statement of the Appeal issue(s);
    - ii. A summary of the facts asserted by each party;
    - iii. The Contractor's decision supported by a well-reasoned statement that explains how the decision was reached;
    - iv. The date of the decision; and
  - b. (AMENDMENT 4) (AMENDMENT3) For Appeals not resolved wholly in favor of the Member, the Contractor's notice shall be approved by the State.

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- 6. Miscellaneous Requirements.
  - a. (AMENDMENT 4) Information about Adverse Benefit Determination and Appeal system. The Contractor shall provide the information specified in this section about the Adverse Benefit Determination and Appeal system to all providers and subcontractors at the time they enter into a contract.
  - b. (AMENDMENT 4) Recordkeeping and Reporting Requirements. The Contractor shall maintain records of Adverse Benefit Determinations and Appeals and must review the information as part of the State quality assurance.
  - c. (AMENDMENT 3) Effect of Reversed Decisions.
    - i. (AMENDMENT 4) (AMENDMENT 3) Authorization of Services. If the Contractor or the State Fair Hearing officer reverses a decision to deny, limit, or delay services that were not furnished while the Appeal was pending, the Contractor shall authorize or provide the disputed services promptly, no later than seventytwo (72) hours from the date it receives notice reversing the determination per 42 CFR § 438.424.
    - ii. (AMENDMENT 4) (AMENDMENT 3) If the Contractor or the State Fair Hearing officer reverses a Contractor decision to deny authorization of services, and the participant received the disputed services while the Appeal was pending, the Contractor must pay for those services, in accordance with State policy and regulations.

#### D. The Contractor shall:

- 1. (AMENDMENT 4) Have a methodology for reviewing and resolving Member Appeals, including timelines for the process.
- 2. (AMENDMENT 4) Ensure internal controls to monitor the operation of a Member Appeals Tracking System.
- 3. (AMENDMENT 4) Track all Member Appeals received, whether they are resolved or in the process of resolution, and report the information to the IDHW.
- 4. (AMENDMENT 4) Analyze the Member Appeals and utilize the information to improve business requirements.

## E. (AMENDMENT 4) Provider Dispute Tracking System:

- (AMENDMENT 4) The Contractor shall have a system in place for providers to file a
  provider dispute challenging the Contractor's Adverse Benefit Determination to limit or
  deny service payments or retrospective authorization requests.
- 2. (AMENDMENT 4) The Contractor shall implement and monitor written policies and procedures regarding the review and resolutions of provider disputes.
- (AMENDMENT 4) The Contractor's provider dispute policies and procedures shall include:
  - a. (AMENDMENT 4) The provider dispute resolution process is available to any providers or authorized provider representatives in a situation where the Member is not financially liable for the Adverse Benefit Determination issued by the Contractor, beyond applicable co-payments and deductibles. Provider disputes are between the Contractor and providers, and regulated by the provider agreement.
  - b. (AMENDMENT 4) The provider dispute resolution process is only available for postservice requests.

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- c. (AMENDMENT 4) Providers have up to one hundred eighty (180) calendar days from the Adverse Benefit Determination notice to file a provider dispute.
- d. (AMENDMENT 4) The Contractor shall process and resolve a provider dispute within thirty (30) calendar days of receipt of the provider dispute.
- e. (AMENDMENT 4) The Contractor shall send written notification to the provider of the dispute determination within thirty (30) calendar days of the provider dispute.

# XXV. Electronic System and Data Security

- A. The Contractor shall implement and maintain an electronic system and data security plan that includes, but is not limited to all of the requirements outlined in Attachment 6 Technical Requirements: Electronic Systems, Data Security and Website Requirements. In addition to submitting the Electronic System and Data Security Plan with the proposal, the Contractor may be required to submit a revised Electronic System and Data Security Plan for review as outlined in Attachment 10 Readiness Review.
- B. The Contractor shall comply with the requirements in Attachment 6 Technical Requirements: Electronic Systems, Data Security and Website Requirements; provided, however, in the event a change in MMIS vendors is required, the State and Contractor will endeavor to work in good faith to minimize the operational and financial impact of such change.

#### XXVI. Website

- A. The Contractor shall provide and maintain an internet website for Idaho's Medicaid Members and the network providers to access information pertaining to the Idaho Behavioral Health Plan.
  - Website content regarding the Idaho Behavioral Health Plan shall be submitted to the IDHW for review and approval prior to posting the information on the website. See Attachment 6 - Technical Requirements: Electronic Systems, Data Security and Website Requirements.

## B. The Contractor shall:

- 1. Communicate policies, procedures and relevant information to providers through secure or public Web pages.
- 2. Provide, in accordance with national standards, claims inquiry information to qualified service providers and subcontracts via the Contractor's Website.
- C. The Contractor shall agree to the requirements in Attachment 6 Technical Requirements: Electronic Systems, Data Security Plan and Website Requirements.

## XXVII. Member Information and Member Handbook

- A. The Contractor shall provide all Members, not just those who access services, with appropriate information about behavioral treatment services, available providers, and education related to recovery, resilience and best practices.
- B. (AMENDMENT 4) (AMENDMENT 1) The Contractor shall develop and maintain a Member Handbook for behavioral health coverage and benefits. The Member Handbook shall contain the required information per 42 CFR § 438.10(f)(6) as described in Section I.B.3 of this contract. Member information and the Member Handbook shall be available in hard copy and

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through web site access at least twenty (20) calendar days prior to the start of services as detailed in 42 CFR § 438.10(g) (3). The Member Handbook shall include, but not be limited to:

- 1. Behavioral Health program eligibility process and guidelines;
- 2. (AMENDMENT 6) State Plan and 1915(i) Benefit descriptions and limitations;
- 3. Resource information including, but not limited to:
  - a. (AMENDMENT 4) Provider directory by city (meeting requirements in 42 CFR § 438.10(h) (1), 42 CFR § 438.10 (h) (3), and 42 CFR § 438.10(h) (4);
  - b. Hospital information and resources;
  - c. (AMENDMENT 4) Behavioral health information and resources;
  - d. Crisis information and resources;
  - e. (AMENDMENT 4) Information required in 42 CFR § 438.10(g) (2);
  - f. (AMENDMENT 4) Notification to Members that oral interpretation is available for any language and written translation is available in prevalent languages, that auxiliary aids are available upon request and at no cost to Members with disabilities and how to access both of these services; and
  - g. (AMENDMENT 6) (AMENDMENT 4) Information about YES and how youth can be screened for the Medicaid SED Program.
- 4. Member's Rights, including the following:
  - a. Each Member is guaranteed the right to be treated with respect and with due consideration for his or her dignity and privacy.
  - b. Each Member is guaranteed the right to receive information on available treatment options and alternatives, presented in a manner appropriate to the Member's condition and ability to understand.
  - c. Each Member is guaranteed the right to participate in decisions regarding his or her health care, including the right to refuse treatment.
  - d. Each Member is guaranteed the right to be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience, or retaliation.
  - e. Each Member is guaranteed the right to request and receive a copy of his or her medical records, and to request that they be amended or corrected, as specified in 45 CFR § 164.
  - f. Each Member is free to exercise his or her rights, and that the exercise of those rights does not adversely affect the way the Contractor and its providers or the IDHW treats the Member. 42 CFR § 438.100(c)
- C. The Contractor shall comply with any other applicable federal and state laws (such as Title VI of the Civil Rights Act of 1964, etc.) and any other federal and state laws that pertain to Members' rights, i.e., "Members Bill of Rights", and other laws regarding privacy and confidentiality. 42 CFR § 438.100(a)(2) and (d); 42 CFR § 438.6(f)(1).
- D. The Contractor shall obtain input from consumers, secondary Member and/or family Members and other stakeholders who can inform both the content and presentation of the

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information so that the information is provided in a manner and format that may be easily understood per 42 CFR § 438.10(b)(1).

#### E. The Contractor shall:

- 1. (AMENDMENT 4) Ensure that written material is in an easily understood language and format, and be provided in English and Spanish. Written material shall be available in alternative formats and in an appropriate manner that takes into consideration the special needs of those who, for example, are visually limited or have limited reading proficiency as required in 42 CFR § 438.10 (d) (1-3) and 42 CFR § 438.109 (d) (6). The Contractor shall also ensure Members are aware of this availability;
- 2. Ensure written policies regarding the Member rights specified in this section;
- 3. Comply with any applicable federal and state laws that pertain to Member rights and ensure that its staff and affiliated providers take those rights into account when furnishing services to Members:
- 4. Ensure limitations are not imposed on Members' freedom to change between mental health or Substance Use Disorder providers;
- 5. Ensure the requirements in Attachment 8 Member Rights are incorporated in your business operations; and
- 6. (AMENDMENT 4) Give each Member notice of any change as specified in 42 CFR § 438.10(g) (4).

## XXVIII. Member Protections/Liability for Payment

- A. The Contractor shall implement policies to ensure no participating or non-participating provider bills a Member for all or any part of the cost of a covered, required, or optional service.
- B. The Contractor shall cover continuation of services to enrollees for the duration of the period for which payment has been made. (State Medicaid Manual 2086.6.B)
- C. The Contractor shall ensure Members are not held liable for:
  - 1. Payments, including the Contractor's debts, in the event of the Contractor's insolvency per 42 CFR § 438.106(a) and 42 CFR § 438.116(a);
  - 2. Payments in the event the state agency does not pay the Contractor, or the State or the Contractor does not pay the Member or health care provider, 42 CFR § 438.106(b);
  - 3. The covered services provided to the Member for which the Contractor does not pay the agency or individual practitioner; 42 CFR § 438.106(b); and
  - 4. Payments for covered services furnished under a contract, referral, or other arrangement, to the extent that those payments are in excess of the amount the Member would owe if the Contractor provided the service directly (i.e., no balance billing by providers). 42 CFR § 438.106(c)

# XXIX. Provider Manual

A. The Contractor shall develop and maintain a Provider Manual for use by the Contractor's network of providers.

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- B. The Contractor shall ensure providers have access to the Provider Manual and any updates either through the Contractor's website, or by providing paper copies to providers who do not have Internet access. The manual shall be updated as information changes and shall include, but not be limited to:
  - 1. General Information:
    - a. Overview of Program
    - b. Directory
    - c. Remittance Advice Analysis
  - 2. References
    - a. Glossary
    - b. Billing Instructions
    - c. Resources
  - 3. Claims Instructions
    - a. Provider Guidelines
    - b. Service Definitions
    - c. Provider Qualifications
    - d. Provider Responsibilities
    - e. Authorization Process
    - f. Payment
- C. (AMENDMENT 3) The Contractor shall give all qualified service providers and subcontractors access to the Contractor's Provider Manual.

# XXX. <u>Community Partnerships</u>

- A. (AMENDMENT 3) The Contractor shall operate in cooperation with the state's Behavioral Health Authority.
- B. The Contractor shall facilitate the delivery of medically necessary services in fulfillment of court ordered treatment for Members stemming from Idaho's problem-solving courts (mental health court, drug court, veterans' court).
- C. The Contractor shall collaborate with and support the efforts of local advocacy organizations and state agencies including, but not limited to, current efforts underway to establish a sustainable community-based twenty four (24) hour suicide response system.
- D. The Contractor shall offer processes and services in support of the challenges faced by foster parents of children with SED, refugee relocation agencies, and various IDHW home visiting programs.
- E. The Contractor shall lead an ongoing collaboration with the practitioners and agencies that the Contractor enrolls in the provider network to deliver services under the Idaho Behavioral Health Plan and demonstrate how input from this group shall be incorporated into the Contractor's policies and procedures.

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- F. (AMENDMENT 3) The Contractor shall support the development of a consumers' committee through the Contractor's Quality Committee Structure called the Member Advisory Committee that will serve in an advisory capacity to the Contractor which would represent the voice of Members and their families who use the services provided under the Idaho Behavioral Health Plan, and demonstrate how input from this group shall be incorporated into the Contractor's policies and procedures.
- G. (AMENDMENT 4) The Contractor shall collaborate with Idaho's Regional Behavioral Health Boards. (ID Code § 39-3120),
- H. (AMENDMENT 4) THIS ITEM HAS BEEN REMOVED.
- I. The Contractor shall interact and support the efforts of behavioral health advocacy groups in Idaho including but not limited to the Idaho State Planning Council on Mental Health, the Idaho chapter of National Association of Mental Illness (NAMI Idaho), and the Office of Consumer and Family Affairs.
- J. The Contractor shall interact and collaborate with the various Idaho chapters of national associations for behavioral health professionals, including but not limited to the National Association of Social Workers, American Psychological Association, American Psychiatric Association, American Counseling Association, American Association for Marriage and Family Therapists, United States Psychosocial Rehabilitation Association, the Idaho Association of Infant Mental Health, as well as the regulatory agencies, e.g., Idaho Bureau of Occupational Licensing, the Idaho Board of Nursing, the Idaho Board of Medicine, and the Idaho Board of Alcohol/Drug Counselor Certification.

# XXXI. Community Reinvestment Services (Amd 1)

A. (AMENDMENT 1) This requirement has been removed from the contract. The Section has been retained to preserve numbering for contract monitoring purposes.

# XXXII. Outcomes, Quality Assessment, and Performance Improvement Program

- A. For all covered services, the Contractor shall maintain a comprehensive outcomes, quality assessment, quality management, quality assurance, and performance improvement program and includes evaluation of the Contractor's operations.
- B. Quality Improvement Plan -- The Contractor shall:
  - 1. Have, in effect, a process for its own evaluation of the impact and effectiveness of its quality assessment and performance improvement program.
  - 2. Ensure the assurance plan is approved by the IDHW.
  - 3. Maintain a sufficient number of qualified quality assurance personnel to comply with and implement all of the requirements of this contract in a timely manner, including:
    - a. Reviewing performance standards;
    - b. Measuring treatment outcomes;
    - c. Assuring timely access to care; and
    - d. (AMENDMENT 4) Participating in quality review activities by an independent assessor External Quality Review Organization (EQRO) as designated by the IDHW per 42 CFR § 438.350, § 438.352, § 438.354, § 438.356, and § 438.358.

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- 4. Provide a mechanism for the input and participation of Members, families, caretakers, and other stakeholders in the monitoring of service quality and determining strategies to improve outcomes.
- 5. Ensure the scope of the outcomes, quality assessment and performance improvement program include all requirements in this section but is not limited to these requirements. These requirements include:
  - a. Processes to assess, measure, and improve the quality of care provided to Members in accordance with:
    - All quality assurance requirements identified in this contract;
    - ii. The IDHW's Division of Medicaid;
    - iii. All IDHW and federal regulatory requirements; and
    - iv. All other applicable documents incorporated by reference.
- 6. Identify and resolve systems issues consistent with a continuous quality improvement approach. The Contractor shall include a Corrective Action Plan (CAP) that defines the corrective action response needed to arrive at a common solution to operations.
- 7. Disseminate relevant information to the IDHW, Members, providers, and key stakeholders, including families and caregivers.
- 8. Solicit feedback and recommendations from key stakeholders, subcontractors, Members, families, and caregivers, and use the feedback and recommendations to improve the quality of care and system performance.
- 9. Measure and enforce adherence with the goals and principles of the IDHW through the following strategies, at a minimum:
  - a. Methods and processes that include in-depth chart reviews and interviews with key persons in the Member's life.
  - b. Use of findings to improve practices at the subcontractor and Contractor levels.
  - c. Timely reporting of findings and improvement actions taken and their effectiveness.
  - d. Dissemination of findings and improvement actions taken and their effectiveness to key stakeholders, committees, Members, families, and caregivers, and posting on the Contractor's Website.
- C. Practice Guidelines The Contractor shall:
  - 1. Adopt and implement practice guidelines per 42 CFR § 438.236(b) that, at a minimum meet the following requirements:
    - a. Are based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field.
    - b. Consider the needs of the Members.
    - c. Are adopted in consultation with contracting health care professionals.
    - d. Are reviewed and updated periodically as appropriate.
    - e. Are approved by the IDHW.
  - 2. Meet the requirements of the federal managed care regulations, and the 42 CFR Part 2

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- confidentiality regulations when adopting practice guidelines.
- 3. Ensure that decisions for Member education, coverage of services, utilization management and other areas to which the practice guidelines apply shall be consistent with the practice guidelines per 42 CFR § 438.236(d).
- 4. Disseminate the practice guidelines to all affected providers, and upon request, to Members per 42 CFR § 438.236(c).
- D. Performance Improvement Projects The Contractor shall:
  - 1. Have in progress a minimum of one (1) performance improvement project (PIP) and one (1) focused study with intervention or two (2) PIPs annually.
    - a. At least one (1) PIP or the focused study shall be outcome-focused.
    - b. The PIPs shall be designed to achieve, through ongoing measurements and intervention, significant improvement, sustained over time, in clinical care and nonclinical care areas that are expected to have a favorable effect on health outcomes and Member satisfaction.
    - c. Each PIP shall be completed in a reasonable time period, so as to generally allow information on the success of performance improvement projects in the aggregate to produce new information on quality of care every year.
    - d. The PIPs shall involve the following:
      - i. Measurement of performance using objective quality indicators.
      - ii. Implementation of system interventions to achieve improvement in quality.
      - iii. Evaluation of the effectiveness of the interventions.
      - iv. Planning and initiation of activities for increasing or sustaining improvement.
  - 2. Summarize the status and results of each PIP in the annual quality report and when requested by the IDHW.
  - 3. Submit the status and results of each PIP on the agreed upon schedule in sufficient detail to allow the IDHW and/or its designee to validate the projects.
  - 4. Ensure PIPs are validated by the IDHW's independent assessor. The primary objective of the PIP validation is to determine compliance with the following requirements:
    - a. Measurement of performance using objective valid and reliable quality indicators.
    - b. Implementation of system interventions to achieve improvement in quality.
    - c. Empirical evaluation of the effectiveness of the interventions.
    - d. Planning and initiation of activities for increasing or sustaining improvement.
  - 5. During the life of the contract, participate in the annual measurement and reporting of the performance measures required by the IDHW, with the expectation that this information will be placed in the public domain.
  - Calculate additional performance measures when they are developed and required by CMS or the IDHW.
  - 7. (AMENDMENT 4) Ensure the quality assurance program includes a system of

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performance indicators and Member and family outcome measures that address different audiences and purposes per 42 CFR § 438.330 (b) (4).

# E. Outcomes Assessment Process - The Contractor shall:

- 1. Implement and maintain a formal outcomes assessment process that is standardized, reliable, and valid in accordance with industry standards.
- 2. Work with the IDHW to develop agreed-upon measurement criteria, reporting frequency and other components of this requirement.
- Participate in developing, implementing, and reporting on performance measures and topics for PIPs required by the IDHW or other federal agencies, including performance improvement protocols or other measures, as directed by the IDHW and shall report the outcomes of such PIPs.
- 4. Measure performance indicators for the provider network, as a whole, and for each provider individually.
- Have policies and procedures in place that detail how the Contractor will assess the quality and appropriateness of care and services furnished to all Members enrolled under the contract.
- 6. Have policies and procedures in place that explain how the Contractor will ensure that providers are assessing Members outcomes in accordance with the requirements identified this contract.

## F. Record System - The Contractor shall:

- 1. Establish, maintain, and use a Member record system that meets requirements at 42 CFR § 456.111 and 211 and IDAPA 16.03.09. The Member record system shall facilitate the documentation and retrieval of statistically-meaningful clinical information, as follows:
  - a. Clinical records shall be maintained in a manner that is current, detailed, and organized and that permits effective Member care and quality review;
  - b. The Contractor shall require providers to maintain records in the same manner;
  - c. Records may be written or electronic;
- 2. Have written policies and procedures regarding clinical records that include, at a minimum:
  - a. Content, confidentiality protections, retention, and access by Members to their individual records, which shall include the Member's right to see their individual medical records upon request during regular business hours and to copy those records for a reasonable fee, which will not exceed the actual cost of making the copies.
  - b. The processing and storage of records, disposal procedures, and retrieval and distribution.
  - c. A system to access and audit the content of clinical records to ensure that they are legible, organized, complete, and conform to its standards and that clinical records shall be made available to the IDHW immediately upon request by the IDHW.
  - d. (AMENDMENT 6) A copy of the Contractor's policies and procedures shall be made available to the IDHW when requested in writing and copies of the amendments or modifications to the policy will be promptly filed.

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- e. The Contractor and its providers shall have the ability to record and report data at the level of clinical transactions.
- 3. Support Medicaid's efforts currently underway to implement the use of electronic health records as described in Attachment 13 - Electronic Health Records, including effectively interfacing with primary care practices in the Medicaid Health Home Project that are required to use electronic health records.
- G. Health Information System (HIS) in Quality Assurance Activities The Contractor shall:
  - 1. Maintain a health information system that collects, analyzes, integrates and reports data. Requirements for the development of a Health Information System for the provider network users are described in detail in this RFP.
  - 2. (AMENDMENT 6) Ensure the system provides information on areas including, but not limited to, complaints and appeals, third party liability, for other than loss of Medicaid eliqibility.
  - 3. Ensure the system collects data on Member and provider characteristics as specified by the IDHW and on services furnished to Members through an encounter data system.
  - Make all collected data available to the IDHW and/or designee and upon request by CMS.
  - 5. Collect data and conduct data analysis with the goal of improving quality of care.
  - 6. Ensure the information system supports the quality assurance and program improvement process by collecting, analyzing, integrating, and reporting necessary data.
  - 7. Ensure that data received from providers is accurate and complete by:
    - a. Verifying the accuracy and timeliness of reported data.
    - b. Screening the data for completeness, logic, and consistency.
    - c. Collecting service information in standardized formats to the extent feasible and appropriate.
    - d. (AMENDMENT 4) Meeting requirements in 42 CFR § 438.242.
- H. Member Satisfaction The Contractor shall:
  - 1. Monitor Member perceptions of well-being and functional status, as well as accessibility and adequacy of services provided by the Contractor.
  - 2. Support the IDHW's efforts to collect Member satisfaction data.
  - 3. Conduct an annual Member satisfaction survey as directed and prior approved by the IDHW. The results of the survey shall be disclosed to Members upon request.
  - 4. Use the information from the Member satisfaction survey to improve services.
- I. (AMENDMENT 3) This requirement has been moved to another portion of the contract. The section has been retained to preserve numbering for contract monitoring purposes.
- J. Quality Assurance and Program Improvement Committee The Contractor shall:
  - 1. Form a quality assurance and program improvement Committee. The Contractor's Medical Director shall provide oversight of the Committee.

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- 2. Include practitioners and agencies that are enrolled in the Contractor's provider network in designing the work of the quality assurance processes.
- K. Independent Assessment The Contractor shall:
  - 1. Participate in annual independent reviews performed by a IDHW approved independent assessor of quality outcomes, timeliness of, and access to, services in order to validate performance improvement projects and performance measures and to review compliance with the IDHW standards and contract requirements.
  - 2. Provide any information required by the independent assessor to compete the review.
- L. Performance Measures The Contractor shall:
  - 1. On an annual basis, ensure and report to the IDHW its performance, using standard measures required by the IDHW. In addition, CMS, in consultation with the IDHW's and other stakeholders, may specify performance measures and topics for performance improvement projects to be required by the IDHW in the contract with the Contractor.
- M. Methods of Data Analysis The Contractor shall:
  - 1. Use an industry recognized methodology, such as SIX SIGMA or another method(s) for analyzing data.
  - 2. Demonstrate inter-rater reliability testing of evaluation and assessment decisions.
  - Measure the effectiveness of service delivery through the use of standardized, outcomebased instruments.
- N. Outcomes Management and Quality Improvement Plan The Contractor shall:
  - 1. Develop and implement an Outcomes Management and Quality Improvement Plan. The Contractor shall participate in the review of the quality improvement findings and shall take action as directed by the IDHW. The plan shall:
    - a. Delineate future quality assessment and performance improvement activities based on the results of those activities in the annual report.
    - b. Integrate findings and opportunities for improvement identified in studies, performance outcome measurements, Member satisfaction surveys, provider satisfaction surveys, and other monitoring and quality activities.
    - c. Be subject to the IDHW and/or designee's approval.
    - d. Include, but is not limited to, the following:
      - Call center performance in answering calls.
      - ii. Child, youth, young adult and families/caregivers satisfaction with providers.
      - iii. Reliability and timeliness of service.
      - iv. Decision-making processes.
      - v. Network adequacy.
      - vi. Attainment of positive outcomes by service line and system wide, including clinical and functional outcomes and system-wide outcomes.
- O. Provider Quality Improvement Activities The Contractor shall:
  - 1. Monitor subcontracted provider quality improvement activities to ensure compliance with federal and state laws, regulations, IDHW requirements, this Contract, and all other

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Quality Management (QM) requirements.

- Make records and other documentation available to the IDHW, and ensure subcontractors' participation in, and cooperation with, any QM reviews. This may include participation in staff interviews and facilitation of Member/family/caregiver and subcontractor interviews.
- 3. Use quality management review findings to improve quality of care.
- 4. Take action to address identified issues, as directed by the IDHW.
- P. Provider Monitoring The Contractor shall:
  - 1. Monitor and evaluate qualified service providers in order to promote improvement in the quality of care provided to Members.
  - 2. Monitor all provider agencies and individual practitioners' performance on an ongoing basis and subject it to formal review according to a periodic schedule established by the IDHW, consistent with industry standards, federal and state laws and regulations.
  - 3. Update a provider monitoring plan in the required annual Quality Management Plan.
  - 4. In accordance with federal requirements 42 CFR § 438.206, ensure the provider monitoring plan addresses, at a minimum, the following requirements:
    - a. Maintaining and monitoring a network of appropriate providers that is supported by written agreements and is sufficient to provide adequate access to all services covered under the contract.
    - b. Identifying deficiencies or areas for improvement and ensuring and the provider agencies and individual practitioners shall take corrective action in the following areas:
      - i. Monitoring and reporting network turnover.
      - ii. Monitoring and reporting requests for a change in provider.
      - iii. Continually monitoring access to network services and provider capacity to maintain a sufficient number of qualified service providers, to deliver covered behavioral health services for Members, including provision of culturally informed services to persons with limited proficiency in English and those with cross-cultural treatment requirements and adapted service delivery for blind or deaf Members.
      - iv. Complying with service provider monitoring and reporting requirements in accordance with this Contract, including but not limited to a Member Access Rates Report.
    - c. Demonstrating that its providers are credentialed as required by 42 CFR § 438.206(b)(6) and 42 CFR § 438.214.
    - d. Ensure timely access to services:
      - i. Meeting and requiring its providers to meet IDHW standards for timely access to care and services, taking into account the urgency of the need for services per 42 CFR § 438.206(c)(1)(i);
      - ii. Ensuring that the network providers offer hours of operation that are no less than the hours of operation offered to non-Medicaid clients or comparable to Medicaid fee-for-service, if the provider serves only Medicaid Members. 42 CFR

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§ 438.206(c)(1)(ii);

- iii. Making services included in the Contract available twenty-four (24) hours a day, seven (7) days a week, when medically necessary. 42 CFR § 438.206(c)(1)(iii);
- iv. Establishing mechanisms to ensure compliance by providers. 42 CFR § 438.206(c)(1)(iv);
- Monitoring providers regularly to determine compliance. 42 CFR § 438.206(c)(1)(v); and
- vi. Taking corrective action if there is a failure to comply. 42 CFR § 438.206(c)(1)(vi.)
- Q. Policies and Procedures for Managing Network The Contractor shall:
  - 1. Uniquely identify each practitioner, allowing for the association of multiple standardized and user defined identifiers and qualifiers, including Master Provider Index (MPI), National Provider Index (NPI), Drug Enforcement Administration (DEA), and National Association of Boards of Pharmacy (NABP) identifiers.
  - 2. Provide online access to the IDHW for all historical provider related information to include:
    - a. Claims;
    - b. Prior authorizations and referrals; and
    - c. Correspondence.
  - 3. Perform data exchanges to obtain provider data from licensing boards, CMS, DEA, the NPI enumeration contractor, and other IDHW specified sources.
  - 4. (AMENDMENT 1) This requirement has been removed from the contract. The section has been retained to preserve numbering for contract monitoring purposes.
  - Provide online inquiry or lookup for the IDHW for a minimum of sixty (60) months of historical provider information, searchable by entering complete or partial identifying information:
    - a. Medicaid provider identification;
    - b. Provider name;
    - c. NPI:
    - d. Medicare number;
    - e. Social security number;
    - f. Phone number;
    - g. EIN/TIN;
    - h. DEA;
    - Type/specialty/taxonomy;
    - j. Previous identifier(s); and

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- k. Other identifiers used by the IDHW.
- 6. Display claims summary information, by provider, to include: month-to-date, quarter-to-date, and year to date levels that will indicate the total number of claims submitted, pended, denied, paid and the total dollar amounts of each category.
- 7. Display prior authorization by provider to include: month-to-date, quarter-to-date, and year-to-date levels that will indicate the total number of prior authorizations requested, approved, pended, denied, and the total dollar amount of each category.
- 8. Include provider data repository definition of provider entities to include:
  - a. Pay-to or tax entities;
  - b. Service entities including:
  - c. Licensed or certified entities providing services including physicians and all behavioral health practitioners;
  - d. Medical groups and FQHCs; and
  - e. Non-traditional providers including transportation Providers.
- 9. Define provider's periods of eligibility using, at a minimum, eligibility begin and end dates and status indicator(s).
- 10. Display provider eligibility information in reverse chronological order (i.e., most current information is displayed first).
- 11. Affiliate one or more service provider(s) to one or more "pay to" entities.
- 12. Have the ability to capture, at a minimum, provider:
  - a. Address information;
  - b. Office contact person;
  - c. Phone number;
  - d. Fax number;
  - e. Emergency contact numbers; and
  - f. Office or facility profile (content will vary based on entity type).
- 13. Accommodate Idaho Bureau of Occupational Licensing (IBOL) certification information which includes:
  - a. Type, specialty, and sub specialty;
  - b. Taxonomy;
  - c. Certification begin and end dates;
  - d. Certification type code;
  - e. Certifying agency;

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- f. Certifying state;
- g. Verification date; and
- h. Verification due date.
- 14. Accommodate licensing, credentialing, sanction and certification information that includes:
  - a. License identification;
  - b. Certification type;
  - c. Certifying agency;
  - d. Certifying state;
  - e. Certification begin and end dates;
  - f. Verification date;
  - g. Verification due date;
  - h. Verification type;
  - Sanctioning agency;
  - j. Sanctioning state; and
  - k. Sanction beginning and end dates.
- 15. Identify and create alerts and reports of providers due for re-certification or license verification, sixty (60) days prior to the end date of the current license, certification, or provider agreement.
- 16. Define the relationship between a provider and an Electronic Data Interchange (EDI) submitter.
- 17. Define surveillance status and pend or deny for CMS-1500 claims by date parameters and other qualifiers which may include:
  - a. Media type;
  - b. Healthcare Common Procedure Coding System (HCPCS) code begin and end range:
  - c. International Classification of Diseases (ICD) diagnosis code begin and end range; and
  - d. ICD procedure code beginning and end range.
- 18. Identify the affiliation a physician in the provider network may have with a hospital or multiple hospitals and indicate what types of privileges they have.
- 19. Identify the providers panel information including:
  - a. Accepting new patient indicator;
  - b. Age range;

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- c. Gender:
- d. Authorized enrollment; and
- e. Current enrollment.
- 20. Associate multiple service locations to the same provider base identifier.
- 21. Identify provider 'on call' information to capture 'covering for' and 'covered by' providers.
- 22. Indicate a Provider's financial information, at a minimum, EIN, SSN, W9, EFT bank account, 1099 information, hold payment indicators, and federal match rate.
- 23. Identify the individual practitioner's insurance coverage information which includes carrier, effective and end dates, dollar limits, verification date, and verification due date for the following types of coverage:
  - a. Malpractice;
  - b. Workers compensation; and
  - c. General liability.
- 24. Produce reports showing which practitioners or provider agencies a Member is using and each individual agency's caseload.
- 25. Provide an unlimited free-form text narrative at the base Provider level that:
  - a. Identifies the user, date, and time entered; and
  - b. Provides the capability to display free form narrative in chronological or reverse chronological sequence.

# XXXIII. Compliance and Monitoring (Utilization Management)

- A. The Contractor shall have a system for conducting utilization management, program integrity and compliance reporting activities. All aspects of the system shall be focused on providing high quality, medically necessary services in accordance with contract requirements.
- B. Program The Contractor shall:
  - 1. Develop, implement, and maintain a utilization management program to monitor the appropriate utilization of covered services.
  - 2. Comply with CMS requirements described in 42 CFR § 456.
  - 3. Be under the direction of an appropriately qualified clinician; appropriateness of the qualifications of the assigned clinician shall be determined by matching the clinician's scope of expertise with the material under review.
  - 4. (AMENDMENT 3) Ensure utilization determinations are based on written criteria and guidelines developed or adopted with involvement from practicing providers and nationally recognized guidelines.
  - 5. Ensure the utilization management process in no way impedes timely access to services.
- C. Policies and Procedures (P&P) Utilization Management The Contractor shall:
  - 1. Have P&Ps regarding the management of service utilization. UM P&Ps shall include, but

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are not limited to, the following:

a. Annual Review and Evaluation of UM Program: P&P stating how the Contractor will evaluate the effectiveness of the UM program and subsequently revise the program as necessary. This information shall be made available to the IDHW.

#### b. Criteria:

- P&P regarding the development, review and modification of utilization review criteria to include the practitioners involved and documentation of the involvement.
- ii. Criteria shall be developed for all routinely provided care and services.
- iii. P&P shall reflect that available criteria shall be applied to all utilization review (UR) decisions and that criteria are clearly written, are objective and evidence based whenever possible, appropriate and available to providers and Members upon request.
- iv. There shall be a statement regarding the congruence between adopted clinical guidelines and UR criteria.
- v. P&P for applying the criteria based on individual needs and taking into account the local delivery system.
- vi. P&P for processing requests for initial and continuing authorizations of services per 42 CFR § 438.210(b)(1).
- 2. Have in effect mechanisms to ensure consistent application of review criteria for authorization decisions; and consult with the requesting provider when appropriate per 42 CFR § 438.210.
- 3. Ensure that any decision to deny a service authorization request or to authorize a service in an amount, duration, or scope that is less than requested, be made by a health care professional who has appropriate clinical expertise in treating the Member's condition or disease per 42 CFR § 438.210(b)(3).
  - a. Monitoring Over- and Under-Utilization:
    - P&P stating that prior authorization shall be conducted for identified levels of care.
    - P&P outlining the activities undertaken to specifically identify and address under-utilization as well as over-utilization.
    - iii. At a minimum, the P&P shall include routine trending and analysis of data on levels of care (including care not prior authorized) and by provider.
    - iv. P&P providing for peer review of quality of care concerns.
  - b. Utilization Review (UR) Decisions:
    - i. Evidence, available to the IDHW upon request, of formal staff training designed to improve the quality of UR decisions.
    - ii. P&P to evaluate and improve the consistency with which UR staff apply criteria (inter-rater reliability) across multiple levels of care.
    - iii. P&Ps and job descriptions to specify the qualifications of personnel responsible for each level of UR decision making (e.g., review, potential denial).

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iv. P&P to ensure that a practitioner with appropriate clinical experience in treating the Member's condition reviews any potential denial based on medical necessity.

#### c. Timeframes:

- P&Ps to address the timeliness of UR decisions made on the basis of medical necessity.
- ii. P&Ps to address the timeframes for which prior authorization, concurrent and retrospective reviews decisions are made.
- iii. P&Ps to address the timeliness of expedited reviews.
- iv. P&Ps to assess the adherence to the timeframes in items i-iii.

#### d. Data and Communication:

- P&P that specifies how Members and practitioners can access UM staff to discuss UM issues and decisions. This information shall be made available to Members and providers.
- ii. P&P that describes how the organization will notify the providers and Members of UM decisions.

## e. Obtaining Clinical Information:

- P&P to obtain relevant clinical information and the circumstances under which the Contractor will consult with the treating providers when making a determination of medical necessity.
- ii. P&P describing the decision-making process that identifies information needed to support UR decision making.
- iii. P&P describing the process for obtaining any missing clinical information.

# f. Other:

- i. P&P to evaluate new technology and new applications of existing technology, to include behavioral health procedures.
- P&P to ensure any Contractor centralized triage and referral functions for behavioral health services are appropriately implemented, monitored, and professionally managed.
- P&P describing how practitioners are given information on the process to obtain the UR criteria.

## D. Documentation - The Contractor shall:

- Maintain documentation that supports the activities described in the UM program and UM policies and procedures. The Contractor shall report service utilization by type of service to the IDHW on a monthly basis.
- 2. Ensure supporting documentation includes, but is not limited to, committee meeting minutes, job descriptions, signatures on related materials and utilization review notes.
- 3. Ensure the UM program description is written so that staff members and others can understand the program. The program description shall include, but not be limited to:

a. Program goals;

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- b. Program structure, scope, processes and information sources, including the identification of all intensive levels of care:
- c. Roles and responsibilities;
- d. Evidence of Medical Director leadership in key aspects of the UM program to include denial decisions and criteria development;
- e. A description of how oversight of any delegated UM function will occur;
- f. A description of how staff making Utilization Review (UR) decisions will be supervised;
- g. A statement regarding staff availability at least eight (8) hours a day during normal business hours for inbound calls regarding UM issues;
- h. The mechanisms that will be used to ensure that Members receive equitable access to care and service across the provider network; and
- i. The mechanisms that will be used to ensure that the services authorized are sufficient in amount, duration, or scope and can reasonably be expected to achieve the purposes for which the services are furnished.

## E. Accountability - The Contractor shall:

- 1. Remain accountable for and have appropriate structures and mechanisms in place to oversee activities that are delegated to a subcontractor per 42 CFR § 438.230(a) and (b)(1), (2), (3), including a way to verify services were actually provided as required by 42 CFR§ 455.1(a)(2). This will include a written delegation agreement. The following items apply to sub-contracted activities and do not reflect the total requirements for any delegated subcontract or agreement. The Contractor shall have the following in place:
  - a. A written Delegation Agreement that includes:
    - i. A description of the responsibilities of the Contractor and the delegated entity as it relates to delegated activities;
    - ii. A description of the delegated activities;
    - iii. A description of reporting responsibilities;
    - iv. A statement that the subcontractor will comply with the standards specified in the contract between the Contractor and the IDHW for any responsibilities delegated to the subcontractor;
    - v. A description of the processes for ongoing monitoring (i.e., continuous quarterly reporting) and at least an annual formal review; and
    - vi. A description of the remedies available to the Contractor if the delegated entity does not fulfill its obligations, including revocation of the delegation agreement and corrective action.
    - vii. (AMENDMENT 4) Ensure that subcontractors' contracts require them to comply with all applicable Medicaid laws and regulations including applicable sub regulatory guidance and contract provisions per 42 CFR § 438.230 (c) (2).

# b. Oversight P&Ps:

i. A P&P describing the oversight (ongoing monitoring) activities that will be done (e.g., required reporting and report frequency, activities conducted by the

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Contractor in reviewing the required reports, actions that will be taken depending on the review). a) The procedure shall include who reviews the reports, whether or not a committee approval is required, etc. b) The scope of oversight activities shall include all delegated UR/UM functions. c) P&P describing the formal review, which shall occur no less than annually, and at a minimum include a visit to the organization, and a document or record review.

c. P&P describing how the quality (application of criteria, denial decisions, inter-rater reliability, etc.) of contracted services will be monitored and assessed.

#### F. Guidelines - The Contractor shall:

- (AMENDMENT 1) Develop or adopt Utilization Management Guidelines to interpret the medical necessity of behavioral health services provided to Members. Medical necessity is defined in IDAPA 16.03.09 and included in Section I.B.7 of this contract. The IDHW shall be the final authority regarding all disputed medical necessity decisions.
- 2. Ensure the guidelines for interpreting medical necessity shall:
  - a. Be based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field;
  - b. Consider the needs of the Members;
  - c. Be adopted in consultation with contracting health care professionals, and
  - d. Be reviewed and updated periodically as appropriate.
- 3. Disseminate the guidelines to all providers and, upon request, to Members.
- 4. In the development and implementation of Utilization Management Guidelines, include policies and procedures which recognize the need for long-term services for some Members and the need for some Members to access several services concurrently. These needs shall be recognized for both children and adults.
- 5. Ensure all guidelines developed by the Contractor and any modifications made to the guidelines are approved by the IDHW and shared with providers at least thirty (30) calendar days prior to implementation of the guidelines.
- 6. Ensure that contracted providers use the required criteria for determination of level of service, even when authorization from Contractor is not required.
- 7. Ensure that decisions for utilization management, Member education, coverage of services, and other areas to which the guidelines apply shall be consistent with the guidelines.
- 8. Limit payment to only those services that the Contractor has authorized under the guidelines which the Contractor has developed and the IDHW has approved. Any denial of payment for services funded through the Medicaid capitation payment is subject to appeal to the IDHW pursuant to standards in both state administrative rules and the State Plan or waiver.
- 9. Provide a forum to receive practitioner suggestions for UM Guideline revisions at least annually, and shall document all changes made subsequent to practitioner input.
- G. Health Information System (HIS) in Utilization Management Currently the IDHW's Division of Medicaid does not require mental health providers to operate any uniform HIS. The IDHW's Division of Behavioral Health operates the WITS system which is described in greater detail

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in Attachment 16 - Web Infrastructures for Treatment Services (WITS). The network of substance use disorder providers currently uses this system. The Contractor shall maintain a health information system that:

- 1. Supports WITS or at the very least, uses a system that shall interface with WITS.
- 2. Supports the utilization management process by collecting, analyzing, integrating, and reporting necessary data.
- 3. Provides information on the utilization of services.
- 4. Collects data on Member and provider characteristics as specified by the IDHW and on services furnished to Members through an encounter data system.
- Makes all collected data available to the IDHW and/or designee and upon request by CMS.
- 6. Ensures that data received from providers is accurate and complete by:
  - a. Verifying the accuracy and timeliness of reported data.
  - b. Screening the data for completeness, logic, and consistency.
  - c. Collecting service information in standardized formats to the extent feasible and appropriate.
- 7. Conducts comparative analysis such as the Health and Effectiveness Data and Information Set (HEDIS).
- H. Compliance and Management The Contractor shall:
  - 1. (AMENDMENT 4) (AMENDMENT 3) Have a mandatory compliance plan and administrative and management arrangements or procedures designed to prevent, detect and recover overpayments from fraud, abuse and misuse of Medicaid funds and resources. Plans related to overpayment shall align with 42 CFR § 438.608.
    - a. (AMENDMENT 4) Ensure that payment for items or services delivered are not provided to any financial institution or entity outside of the United States per 42 CFR § 438.608.
  - 2. Diligently safeguard against the potential for, and promptly investigate reports of, suspected fraud and abuse by employees, subcontractors, providers, and others with whom the Contractor does business by having controls in place to detect fraud and abuse, including technology to identify aberrant billing patterns, claims edits, post processing review of claims and records reviews.
  - 3. Provide the IDHW with the Contractor's policies and procedures on handling fraud and abuse including responding to IDHW requests for records and documentation of any sort such as provider agreements and all written and telephonic communications with a provider per the terms of the contract.
  - 4. (AMENDMENT 3) Report possible instances of Medicaid fraud, waste and abuse within contractual timeframes. This information shall also be reported in the quarterly Surveillance Activities Report.
  - Describe how frequently, and by what method, it shall assure that providers' CPT billing accurately reflects the level of services provided to Members so that there is no intentional or unintentional up-coding or miscoding of services.
  - 6. Have in place a method to verify whether services reimbursed by the Contractor were

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- actually furnished to eligible Members as billed by providers.
- 7. Provide the IDHW with a quarterly update of surveillance activity, including corrective actions taken. This information should be reported in the Surveillance Report.
- 8. Have administrative and management arrangements or procedures, and a mandatory compliance plan that are designed to guard against fraud and abuse and include the following:
  - a. (AMENDMENT 4) Written policies, procedures, and standards of conduct consistent with all applicable federal and state laws pertaining to fraud and abuse including but not limited to 42 CFR § 438.608.
  - b. (AMENDMENT 4) The designation of a compliance officer and a regulatory compliance committee who report directly to the Chief Executive Officer and the Board of Directors per 42 CFR § 438.608.
  - c. Effective training and education for the compliance officer and the staff;
  - d. Effective lines of communication between the compliance officer and staff;
  - e. Enforcement of standards through well-publicized disciplinary guidelines;
  - f. Provision for internal monitoring and auditing, including inspection and audit of financial records per 42 CFR § 438.6(g);
  - g. (AMENDMENT 3) Provisions for prompt response to detected offenses, recoupment
    of inappropriate payments, and for development of corrective action initiatives
    relating to the contract services;
  - h. (AMENDMENT 4) Written procedures in place to suspend payment in accordance with Affordable Care Act provisions, Section 6402(h)(2), as well as IDAPA 16.05.07 and 42 CFR § 438.608 (a) (8), The Investigation and Enforcement of Fraud, Abuse, and Misconduct;
  - i. (AMENDMENT 3) Responsibility to not enter into agreements with providers who have been terminated or have outstanding debts. Responsibility to terminate the provider agreement and notify the Medicaid Program Integrity Unit and the IDHW Contract Manager when providers with current agreements are added to the Idaho Medicaid Provider Outstanding Debt/Termination List;
  - j. Provision of a comprehensive written Work Plan which shall include timelines for formal communications and trainings to the provider network, no less than annually, on topics of fraud and abuse, including the Medicaid Program Integrity Unit's contact information. The trainings need to be reported in the annual Provider Training Report; and
  - k. (AMENDMENT 3) Reporting receipt of any complaints of fraud or abuse from any sources to the Medicaid Program Integrity Unit. Additionally, any information obtained regarding the abuse or exploitation of adults shall be reported to the Medicaid Program Integrity Unit in the same manner.
- I. (AMENDMENT 3) Fraud, Waste, Abuse The Contractor shall:
  - 1. (AMENDMENT 3) Cooperate with all appropriate state and federal agencies, including Idaho's Medicaid Program Integrity Unit, Medicaid Fraud Control Unit and the Department of Health and Human Services Office of Inspector General in investigating fraud and abuse.

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- 2. (AMENDMENT 3) Comply with all federal and state requirements regarding fraud, waste and abuse, including but not limited to IDAPA 16.05.07 and Sections 1128, 1156, and 1902(a)(68) of the Social Security Act 42 CFR § 438.608 (d) (1) (iii) and (iv), and 42 CFR § 438.608 (d) (2).
- 3. (AMENDMENT 4) Submit, quarterly, a Surveillance Report to the IDHW detailing all incidents of fraud, waste and abuse detected, reported to, reviewed or investigated by the Contractor. Provide additional reports upon IDHW request. The quarterly report shall, at a minimum, provide:
  - a. (AMENDMENT 4) The current status and resolution of all fraud, waste, and abuse incidents detected or referred to the Contractor including: a) the name, b) Network Provider Integrity (NPI), c) Tax ID or Social Security Number (SSN), d) billing number (if different than NPI) and identification number, e) sources of complaint, f) type of provider, g) nature of complaint, h) approximate dollars involved, i) dates of audited services, j) number of clients audited, k) whether the audit was a desk or field audit, l) whether the audit was a sample audit or an audit of all billed services for the dates audited, m) current status, n) findings, o) identified overpayment, p) finalized overpayment, q)negotiated overpayment, and r) legal and administrative disposition of the case:
  - (AMENDMENT 4) The number of provider reviews opened, pending, and completed for the current quarter, year to date, and averages per quarter and the number of complaints/referrals received that did not result in a provider review;
  - c. (AMENDMENT 4) Fraud and or abuse issues identified and what action the Contractor took after identifying the fraud and or abuse;
  - d. (AMENDMENT 4) Overpayment amounts identified in the quarter, contract to date, and average amount per quarter. Overpayments shall be reported to the IDHW the following quarter after identification;
  - e. Means by which overpayments were identified;
  - f. Actions taken;
  - g. (AMENDMENT 4) Recoupment amount collected in the previous state fiscal quarter, state fiscal year-to-date, contract to date, and average amount per quarter;
  - h. (AMENDMENT 4) Any provider education specific to fraud, waste and abuse that the Contractor delivered, including but not limited to: documented telephone conversations, written notification, newsletters, policies, instructions, website announcements, etc. Telephone conversations with providers and clients must be recorded (or documented) and available for review by the IDHW. If calls are documented in the computer, documentation should be compiled into reports that can be generated upon request and include but are not limited to, date of call, time of call, provider name, name of person initiating call, caller's phone number, name of person answering the call, type of call, what was related to the caller, and resolution of call;
  - Number of cases before the IDHW awaiting approval;
  - Number of cases recommended for referral to Bureau of Audits and Investigations and the Medicaid Fraud Control Unit (MFCU);
  - k. Number of provider appeals filed;

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- I. Case status of appeals; and
- m. Discussion that may include, but is not limited to, problems encountered, provider specific or statewide trends noted, and regulation revisions needed.
- n. (AMENDMENT 4) In partnering with the Medicaid Program Integrity Unit, the Medicaid Fraud Control Unit (MFCU), Health and Human Services (HHS) Office of Inspector General (OIG), the Contractor shall make available to the IDHW, the MFCU, HHS OIG, within five (5) business days upon request:
  - i. Copies of individual provider contracts,
  - ii. Copies of prior authorizations, and
  - iii. All written communication between the Contractor and a specified provider.
- o. (AMENDMENT 4) To prevent duplicative efforts, the Contractor shall, on a quarterly basis, share claim specific overpayment recoveries with the IDHW.
- 4. (AMENDMENT 4) Furnish the IDHW, the Secretary of the HHS, or the IDHW's Idaho MFCU with such information as it may request regarding payments claimed for services provided.
- 5. (AMENDMENT 4) Grant the IDHW, CMS, HHS OIG, Comptroller General and or MFCU or their designees access during the Contractor's or subcontractor's regular business hours to audit, evaluate and inspect any books, records, contracts, computer or other electronic systems of the Contractor, subcontractor, or of the subcontractor's subcontractor that pertain to any aspect of services and activities performed, or determination of amounts payable under the Contractor's contract with IDHW. This includes subcontractor records per 42 CFR § 438.230 (c) (3) (ii). The right to audit subcontractors will exist for ten (10) years from the final date of the contract period or from the date of completion of any audit, whenever is later per 42 CFR § 438.230 (c) (3) (iii) and the right to audit or inspect records exists at any time per 42 CFR § 438.230 (c) (3) (iv). The IDHW will:
  - Notify the Contractor or subcontractor before obtaining access to a health service or financial record, unless the Contractor or subcontractor waives notice.
  - b. Access records in accordance with 45 CFR § 160-164.
  - c. Send a monthly Excel file to the Contractor of any providers that have had payment suspended or have been terminated by CMS.
- 6. (AMENDMENT 4) The Contractor, subcontractor and providers, whether contracted or non-contracted, shall upon request and as required by this contract or state and or federal law, make available to the IDHW, MFCU and or HHS OIG any and all administrative, financial and medical records relating to the delivery of items or services for which the IDHW monies are expended. Such records shall be made available at no cost to the requesting agency. In addition, the Idaho MFCU or HHS OIG shall, as required by this contract or state and or federal law, be allowed access to the place of business and to all Medicaid records of any contractor, subcontractor or provider, whether contracted or non-contracted, during normal business hours, except under special circumstances when after hour admission shall be allowed. Special circumstances will be determined by the IDHW, MFCU and or HHS OIG.
- 7. (AMENDMENT 4) The Contractor shall include in any of its provider agreements a provision requiring, as a condition of receiving any amount of Medicaid payment, that the

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provider is subject to IDAPA 16.05.07 which gives the authority for IDHW to establish and enforce rules to protect the integrity of public assistance programs against fraud, abuse and other misconduct and provides the authority for IDHW to investigate and identify instances of fraud, abuse or other misconduct and recover overpayments from the provider and assess civil monetary penalties.

- 8. (AMENDMENT 4) The Contractor shall have twelve (12) months from the date a service is billed to audit the service. After twelve (12) months, the IDHW has the right to audit and recover identified overpayments, and once the provider agrees to the findings or exhausts all Appeal rights, overpayments will be recovered from the Contractor.
- 9. (AMENDMENT 4) The Contractor shall submit monthly lists of all involuntary provider terminations (including providers termed due to sanctions, invalid licenses, or program integrity concerns). Include in the report the effective date of the termination, provider ownership, basis for termination and length of termination.
- 10. (AMENDMENT 4) The Contractor shall employ at least one (1) full time program integrity position that shall be located within Idaho and dedicated to the IBHP. This employee shall work collaboratively with Idaho state employees when conducting onsite visits to obtain records as part of an investigation to validate if written requests for records were sent to the provider. The Contractor shall develop a process for investigating fraud, waste or abuse when allegations of billing for services not rendered are validated.
- 11. (AMENDMENT 4) The Contractor shall expand audits when allegations of billing for services not rendered are validated.
- J. Compliance Program Plan The Contractor shall:
  - 1. Submit, annually for approval, its Compliance Program Plan.
  - 2. Submit, within forty five (45) calendar days of the effective date of this contract, a copy of the written policies identified in the Program Integrity section of the base contract detailing compliance with:
    - a. (AMENDMENT 4) The False Claims Act, 31 USC § 3729, et seq. 42 CFR § 438.608 (a) (8);
    - b. Administrative remedies for false claims and statements:
    - c. State laws relating to civil or criminal penalties and statements;
    - d. (AMENDMENT 4) State laws relating to civil or criminal penalties for false claims and statements;
    - e. (AMENDMENT 4) Whistleblower protections under such laws; and
    - f. (AMENDMENT 4) Method to verify by sampling or other method whether services represented have been delivered by network providers were actually received by enrollees and verification on a regular basis.
  - 3. (AMENDMENT 3) Submit, annually, within thirty (30) business days of the IDHW's notification letter, written assurance of compliance with the False Claims Act to the IDHW's Medicaid Program Integrity Unit.
  - 4. Not knowingly have a relationship with the following per 42 CFR § 438.610(a) and (b):
    - a. An individual who is debarred, suspended, or otherwise excluded from participating in procurement activities under the Federal Acquisition Regulation or from participating in non-procurement activities under regulations issued under

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- presidential Executive Order No.12549 or under guidelines implementing presidential Executive Order No. 12549: or
- b. An individual who is an affiliate, as defined in the Federal Acquisition Regulation, of a person described in paragraph (a)(1) of the regulation.
- c. For the purposes of this section, "Relationship" is defined as follows:
  - i. A director, officer, or partner of the Contractor;
  - ii. A person with beneficial ownership of five percent (5%) or more of the Contractor's equity; or
  - iii. A person with an employment, consulting or other arrangement with the Contractor under its contract with the IDHW.
- 5. Notify the IDHW of any person or corporation that has five percent (5%) or more ownership or controlling interest in the Contractor.
- 6. Not expend Medicaid funds for providers excluded by Medicare, Medicaid, or SCHIP.
- K. Unique Identifier -- The Contractor shall require each individually contracted provider to have a unique identifier.
- L. Encounter Data The Contractor shall:
  - 1. (AMENDMENT 4) Submit encounter data to the IDHW and or its designee on all IBHP services. The Contractor shall submit data certifications for all data utilized for the purposes of rate setting.
  - (AMENDMENT 4) Ensure data certification includes certification that data submitted is accurate, complete and truthful and that all encounters as for service provided to or for enrolled Members per state and federal requirements.
  - 3. Ensure data submission complies with the federal confidentiality requirements of 42 CFR Part 2, and may require the development of Qualified Service Organization Agreements (QSOA).
  - 4. Submit encounter claims data to the IDHW for submittal to the Medicaid Management Information System (MMIS) on a monthly basis, no later than thirty (30) calendar days following the data collection month.
  - 5. (AMENDMENT 4) The IDHW reserves the right to change format requirements at any time, following consultation with the Contractor and retains the right to make the final decision regarding format submission requirements.
  - 6. (AMENDMENT 4) Submit an electronic file of all finalized encounter data, including those of its subcontractors to the IDHW and or its designee. Encounter data shall be in the format mutually agreed on by the IDHW and the Contractor.
- M. Record-Keeping The Contractor shall:
  - (AMENDMENT 4) (AMENDMENT 1) Maintain records in accordance with requirements at 45 CFR § 74.53 (a) and(b), enrollee appeal records in 42 CFR § 438.416, base data in 42 CFR § 438.5 (c), Medical Loss Ratio (MLR) reports in 42 CFR § 438.8 (k) and the data, information, and documentation specified in 42 CFR §§ 438.604, 438.606, 438.608, and 438.610:
    - a. Books, records, documents, and other evidence (hereinafter referred to as records) documenting the costs and expenses of the contract to the extent and in such detail

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- as will properly reflect all net costs (direct and indirect) of labor, materials, equipment, supplies, services, etc., for which payment is made under the contract.
- All medical records pertaining to treatment services and supports provided under the contract.
- c. (AMENDMENT 4) All records for the duration of the contract period and for ten (10) years after the date the final payment is made to the Contractor or for the duration of contested case proceedings, whichever is longer per 42 CFR § 438.3 (u).
- 2. At the contract conclusion, turn over a copy or the originals of all records to the IDHW or a party designated by the IDHW.
- 3. Transfer medical records to a new Contractor upon request of the IDHW.

### N. Access - The Contractor shall:

- 1. (AMENDMENT 4) Permit any authorized representative of the State of Idaho or the Comptroller General of the United States, or any other authorized representative of the United States Government, to access and examine, audit, excerpt, and transcribe any directly pertinent books, documents, papers, electronic, or optically stored and created records, or other records of the Contractor relating to the contract, wherever such records may be located in accordance with 42 CFR § 438.6(g). The Contractor shall permit any authorized representative of the State of Idaho or the Comptroller General of the United States, or any other authorized representative of the United States Government to evaluate through inspection or other means, the quality, appropriateness and timeliness of services performed under the contract per 42 CFR § 434.6(a)(5). The Contractor shall not impose a charge for audit or examination of the Contractor's records. The right to audit under this section exists for ten (10) years from the final date of the contract period or from the date of completion of any audit, whichever is later.
- 2. Provide to the IDHW upon request, all written program records including, but not limited to, statistical information, board and other administrative records, and financial records, including budget, accounting activities, financial statements, and the annual audit.
- 3. (AMENDMENT 4) Ensure subcontractors comply with all of the requirements of this section for all records related to the performance of the contract as outlined in 42 CFR § 438.230.
- 4. (AMENDMENT 4) Notwithstanding any relationship(s) that the Contractor may have with any subcontractor, the Contractor maintains ultimate responsibility for adhering to and otherwise fully complying with all terms and conditions of its contract with the IDHW.
- 5. (AMENDMENT 4) The delegated activities or obligations and related reporting responsibilities are specified in the contract or written agreement.
- 6. (AMENDMENT 4) In the event a subcontracted entity fails to perform their delegated function, the IDHW can require the subcontracted entity contract be terminated with one hundred eighty (180) calendar days notice. The Contractor shall have policies in place to ensure an uninterrupted transition of delegated functions.

# XXXIV. Annual Network Development and Management Plan

A. (AMENDMENT 3) The Contractor shall submit to the IDHW an annual Network Development and Management Plan, which contains specific action steps and measurable outcomes that are aligned with the IDHW provider network requirements. The Network Development and Management Plan shall take into account regional needs and incorporate region-wide,

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network-specific goals and objectives developed in collaboration with the IDHW. At a minimum, the analysis shall be derived from:

- 1. (AMENDMENT 3) Quantitative data, including performance on appointment standards/appointment availability, eligibility/enrollment data, the network inventory, and demographic (age/gender/race /ethnicity) data.
- (AMENDMENT 6) Qualitative data (including outcomes data), when available; complaints information; concerns reported by Members; complaints, appeals, and request for hearings data; behavioral health Member satisfaction survey results, and prevalent diagnoses.
- 3. Status of provider network issues within the prior year that were significant or required corrective action by the IDHW including findings from the Contractor's annual administrative review work.
- 4. A summary of network development and management activities conducted during the prior year which includes efforts for developing providers outside the agency/clinic model.
- 5. Plans to correct any current material network gaps and barriers to network development.
- 6. Priority areas for network development and management activities for the following year, goals, action steps, timelines, performance targets, and measurement methodologies for addressing the priorities.
- 7. The participation of stakeholders in the annual network planning process.
  - a. The Contractor's Work Plan shall be approved by the IDHW.
  - b. The Contractor shall submit progress reports as requested by the IDHW.

# XXXV. <u>Data Tracking and Utilization Information System</u>

- A. The Contractor shall provide a Data Tracking and Utilization Information System to collect and compile data, analyze the data, generate both electronic and hard copy reports in an Excel format, and store, maintain and manage data as required in this RFP, and outlined in Attachment 6 Technical Requirements.
- B. The Contractor shall be responsible for all programming functions and costs associated with the use and maintenance of the system.
- C. The Contractor shall adhere to the timelines established in Attachment 9 Initial Deliverables, and Attachment 10 Readiness Review.
  - 1. The Data Tracking and Utilization Information System shall be fully operational within one hundred twenty (120) calendar days of the effective date of the contract.

#### D. The Contractor shall:

- 1. Ensure system is functional and accessible to allow the IDHW to retrieve reports via Secure File Transfer Protocol (SFTP) from the Contractor.
- 2. Ensure all of the required data elements identified in the Scope of Work and Reports section are included into the Data Tracking and Utilization Information System.

## XXXVI. Disaster Recovery Plan

A. The Contractor shall provide and maintain a comprehensive Disaster Recovery Plan that identifies how the Contractor will manage services in the event of a catastrophe (disaster,

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emergency, flooding, power failure, weather conditions, loss of phone systems, etc.).

- The Disaster Recovery Plan shall include, but is not limited to, how the Contractor will notify the IDHW when the Contractor's site requires the implementation of the Disaster Recovery Plan, how the Contractor will work with IDHW and Behavioral Health network providers and Members if a catastrophe occurs in Idaho, how services will continue with minimal disruption, how data will be safeguarded and accessible, and how Members will continue to receive behavioral health services.
- B. The Contractor may be required to submit a revised Disaster Recovery Plan for review as outlined in Attachment 10 Readiness Review.
- C. The Contractor shall have a detailed description of their back-up plan and system to ensure that, in the event of a power failure or outage, the following are in place and functioning:
  - 1. A back-up system capable of operating the telephone system for the entire time the main system is inoperative, at full capacity, with no interruption of data collection;
  - 2. A notification plan that ensures the IDHW is notified when the Contractor's phone system is inoperative or a back-up system is being utilized; and
  - 3. Manual back-up procedure for processing requests if the system is down.

#### D. The Contractor shall:

- 1. Maintain business continuity in the occurrence of unforeseeable events impacting business operations.
- 2. Maintain and update the Disaster Recovery Plan.
- 3. Implement the Disaster Recovery Plan in the event of a catastrophe impacting the Contractor's site.
- 4. Implement the Disaster Recovery Plan in the event of a catastrophe in Idaho.
- 5. Ensure Members continue to receive behavioral health services with minimal interruption.
- 6. Ensure data is safeguarded and accessible.
- 7. Train staff and network providers to the requirements of the Disaster Recovery Plan to ensure all systems remain intact and all files and data are restored within twenty four (24) hours in the event of a disaster.

#### XXXVII. Reports/Records/Documentation

- A. The Contractor shall provide reports as outlined in Appendix C Reports. Reports shall include data current through the respective reporting timeframe and shall be submitted within the required timeframes.
- B. The Contractor shall:
  - 1. Comply with all reporting requirements.
  - 2. (AMENDMENT 3) Ensure reports are accurate and available within the required timelines no later than the fifteenth (15th) business day of the month.
  - 3. Ensure copies of complete and valid provider insurance certificates are maintained for each qualified network provider and make them available to the IDHW upon request.

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## XXXVIII. Contract Transition Plan

- A. The Contractor shall provide and maintain a Contract Transition Plan that complies with the requirements of the contract. The objectives of the Contract Transition Plan are to minimize disruption of services provided to the IDHW and to provide for an orderly and controlled transition of the Contractor's responsibilities to a successor at the conclusion of the contract period or for any other reason the Contractor cannot complete the responsibilities of the contract. The Contractor shall submit their Contract Transition Plan as outlined in Attachment 10 Readiness Review. In addition, the Contractor shall submit an updated Contract Transition Plan to the IDHW within one-hundred-eighty (180) calendar days prior to the conclusion of the contract.
- B. The Contract Transition Plan shall include, but not be limited to:
  - 1. A realistic schedule and timeline to hand-off responsibilities to the replacement contractor or the IDHW.
  - 2. The staff that shall be utilized during the hand-off of duties and their responsibilities such that there shall be clear lines of responsibility between the Contractor, the replacement contractor and the IDHW.
  - 3. The actions that shall be taken by the Contractor to cooperate with the replacement Contractor and the IDHW to ensure a smooth and timely transition.
  - 4. A plan on how to best inform and keep the Contractor's employees informed during the transition process.
  - 5. A matrix listing each transition task, the functional unit and the person, agency or Contractor responsible for the task, the start and deadline dates to complete the planned tasks, and a place to record completion of the tasks.
  - 6. All information necessary for reimbursement of outstanding claims.

## C. The Contractor shall:

- Cooperate with the IDHW during the planning and transition of contract responsibilities
  from the Contractor to a replacement contractor or the IDHW including, but not limited to,
  sharing and transferring behavioral health Member information and records, as required
  by the IDHW;
- 2. Ensure that Member services are not interrupted or delayed during the remainder of the contract and the contract transition planning by all parties shall be cognizant of this obligation. The Contractor shall:
  - a. Make provisions for continuing all management and administrative services and the provision of services to Members until the transition of all Members is completed and all other requirements of this contract are satisfied.
  - b. Designate a transition coordinator who shall interact closely with the IDHW and the staff from the new contractor to ensure a safe and orderly transition, and shall participate in all transition meetings.
  - c. Provide all reports set forth in this contract and necessary for the transition process in Excel or another format accepted by the IDHW.
  - d. Notify providers, subcontractors and Members of the contract termination, as directed by the IDHW, including transfer of provider network participation to the IDHW or its designee. The IDHW shall have final approval of all communications regarding the transition/termination of the contract.

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- e. Complete payment of all outstanding obligations for covered services rendered to Members. The Contractor shall cover continuation of services to Members for the duration of the period for which payment has been made as well as for inpatient admissions up until discharge.
- f. (AMENDMENT 4) The Contractor shall implement a transition of care policy that is consistent with the requirements in 42 CFR §438.62.
- 3. Participate on a contract transition planning team as established by the IDHW. The Contractor's contract transition planning team shall include program evaluation staff and program monitoring staff, as well as staff that supports all automated and computerized systems and databases.
- 4. Complete all work in progress and all tasks called for by the plan for transition prior to final payment to the Contractor. If it is not possible to resolve all issues during the end-of-contract transition period, the Contractor shall list all unidentified or held items that could not be resolved, including reasons why they could not be resolved, prior to termination of the contract and provide an inventory of open items along with all supporting documentation. To the extent there are unresolved items, the cost to complete these items will be deducted from the final payment. The Contractor shall specify a process to brief the IDHW or replacement contractor on issues before the hand-off of responsibilities.
- 5. Notify the IDHW Contract Manager within forty eight (48) hours when issues that could impact the transition process are identified. The notice shall be submitted in writing and include detailed information regarding issues/problems identified and corrective actions taken regarding the plan for transition.
- 6. Stop all work as of the contract expiration date or effective date contained in the Notice of Termination. The Contractor shall immediately notify all management subcontractors, in writing, to stop all work as of the contract expiration date or the effective date of the Notice of Termination. Upon receipt of the Notice of Termination, and until the effective date of the Notice of Termination, the Contractor shall perform work consistent with the requirements of this contract and in accordance with the written Contract Transition Plan approved by the IDHW for the orderly transition of Members to another contractor or the IDHW.
- 7. Unless otherwise directed by the IDHW, the Contractor shall direct subcontracted providers to continue to provide services consistent with the Member's treatment plan or plan of care.
- 8. Transfer all required telephone numbers associated with the toll-free call center line telephone number(s) to the IDHW or the successor contractor, as directed by the IDHW to allow for the continuous use of the number of Member services and providers.
- 9. Supply all information necessary for reimbursement of outstanding claims.

# XXXIX. Quality Assurance Withhold and Incentive for Stabilization and Reduction of Behavioral Health Inpatient Costs (Amd 3)

A. (AMENDMENT 3) The Contractor shall provide an array of outpatient services designed to prevent or limit the need for inpatient services. An initial withhold from the capitation rate for the non-dual population of five percent (5%) will be used as a quality assurance withhold. Six (6) months after the first year the Contractor has begun administering services, the IDHW will calculate the previous year expenditures and the prior year fee-for-service expenditures. The

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amounts are calculated on a PMPM basis.

- B. (AMENDMENT 7) (AMENDMENT 4) (AMENDMENT 3) If Medicaid does not experience an increase in behavioral health inpatient expenditures above its historical trend rate of five percent (5%), the total amount of the withheld amount will be paid to the Contractor. Should Medicaid experience an increase in inpatient costs in an amount greater than its anticipated trend rate of five percent (5%), the amount of the increase above the trend rate will be subtracted from the amount withheld from the PMPM on a dollar to dollar basis, up to the total of the withheld amount. Any remaining funds are then paid to the Contractor, to be added pro-rata (2/12ths of previous period and 10/12ths of the latest period in order to align with the state fiscal year) to the Annual Benefits Expense Report, in order to determine the amount of the quality assurance withhold to be designated as Community Health Initiatives. The withhold payment may be adjusted to ensure that annually set rates remain actuarially sound, if necessary to comply with 42 CFR § 438.4.
- C. (AMENDMENT 3) Additionally, should the IDHW experience a five percent (5%) or greater reduction in behavioral health inpatient costs, fifty percent (50%) of the savings realized will be paid to the Contractor. The calculations will occur on an annual basis throughout the life of the contract with the comparison period being the initial inpatient fee for service expenditures (09/2012-08/2013). The incentive payment for reduction of inpatient costs is capped at five percent (5%) of the net PMPM (the proposed PMPM less the five percent (5%) withhold). The incentive payment is not subject to the fifteen percent (15%) PMPM Administrative Cost limitation described in the Cost/Billing Procedure section. Both the net and total PMPM must be certified by the IDHW's actuary as actuarially sound rates. All payments, including withhold and incentive payments, must be actuarially sound as required by 42 CFR § 438.6.
- D. (AMENDMENT 7) The incentive structure in XXXIX.C shall be in place for dates of service September 1, 2013 through June 30, 2019.
- E. (AMENDMENT 7) For dates of service July 1, 2019 and later, the incentive shall be structured as follows:
  - 1. (AMENDMENT 7) The initial incentive period is July 1, 2019 through June 30, 2020. Incentive periods thereafter shall align with the State Fiscal Year, July 1-June 30.
  - (AMENDMENT 7) Follow-up measures shall be based on the National Committee for Quality Assurance's (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS) measure, Follow-Up After Hospitalization for Mental Illness (FUH). IDHW and the Contractor shall use the methodology as calculated in Attachment 30.
    - a. (AMENDMENT 7) Per NCQA, the FUH "Assesses adults and children six (6) years of age and older who were hospitalized for treatment of selected mental health disorders and had an outpatient visit, an intensive outpatient encounter or a partial hospitalization with a mental health practitioner. The measure identifies the percentage of members who received follow-up within seven (7) days of discharge and within thirty (30) days of discharge." The agreed upon methodology for the calculation is detailed in Attachment 30.
    - b. (AMENDMENT 7) The incentive shall be calculated on the follow-up within thirty (30) days of discharge.
    - c. (AMENDMENT 7) The baseline shall be set annually, based on the previous incentive period's FUH.
    - d. (AMENDMENT 7) The initial incentive period's baseline will be calculated based on the FUH from State Fiscal Year 2018, as mutually agreed upon by IDHW and the Contractor.

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- e. (AMENDMENT 7) Each one-tenth of a percentage (0.1%) increase in FUH over the annual baseline will result in one hundred thousand dollars (\$100,000) incentive paid to the Contractor.
- f. (AMENDMENT 7) Each incentive period's payment to the Contractor shall be no more than two million dollars (\$2,000,000) annually.
- F. (AMENDMENT 7) The Contractor shall report to IDHW the previous incentive period's FUH, as outlined in XXXIX.E., on an annual basis no later than six (6) weeks from the date that the annual hospitalization data is delivered from IDHW to the Contractor.
  - 1. (AMENDMENT 7) The Contractor's ability to provide a full report is contingent upon receiving timely access to this information.
  - 2. (AMENDMENT 7) Hospitals have one (1) year to submit claims to IDHW.
    - a. (AMENDMENT 7) If IDHW submits the annual hospitalization data to the Contractor prior to the one (1) year hospital claims runout, IDHW will provide the Contractor with data to perform reconciliation after the closure of the one (1) year claims runout period.
    - b. (AMENDMENT 7) IDHW will adjust the incentive based on the reconciliation, if adjustment is warranted.
  - 3. (AMENDMENT 7) The IDHW or designee will provide the Contractor with timely access to member admit and discharge information from a member stay included in the FUH calculation.
    - a. (AMENDMENT 7) Timely access is defined as discharge data available (by portal or report) on each business day with a delay in availability of data on admits of no more than five (5) business days.
    - b. (AMENDMENT 7) If the Contractor is not provided timely access to admit and discharge information from a member(s) stay, that member's admit and stay data (for that individual stay) is excluded from the incentive period's FUH calculation.
- XL. Annual Benefits Expense Reporting and Community Health Initiatives Reserve (Amd 3)
  - A. Community Health Initiatives (CHI) Reserve Account
    - 1. (AMENDMENT 7) The Contractor shall set up an account with a financial institution. This account will be known as the CHI Reserve Account (CHIRA). The Contractor shall be solely responsible for all loss of funds due to market fluctuations with the CHIRA.
    - 2. (AMENDMENT 4) In the event the Contractor spends less than eighty-five percent (85%) of premium revenue on claims, quality improvement activities and fraud prevention in a state fiscal year:
      - a. (AMENDMENT 4) The difference between the Contractor's claims, quality improvement expenses and fraud prevention activity and eighty-five percent (85%) of premium revenue shall be placed into the CHIRA; or
      - b. (AMENDMENT 4) The IDHW may require a remittance for unspent claims, quality improvement, and fraud prevention expenses.
    - 3. (AMENDMENT 7) (AMENDMENT 4) The calculation of the Medical Loss Ratio (MLR) is the sum of the Contractor's incurred claims; and expenditures on activities that improve health care quality; and fraud prevention activities (limited to zero-point five percent (0.5%) of the Contractor's premium revenues); divided by premium revenue as defined in 42 CFR § 438.8(a) through (i).

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- a. (AMENDMENT 4) The Contractor shall meet requirements for 42 CFR § 438.8(m), when applicable.
- b. (AMENDMENT 4) For the terms of the contract for State Fiscal Year (SFY)2014, 2015, 2016, and 2017, the MLR shall be calculated on a blended four (4) year rate. For the periods thereafter, the MLR shall be calculated annually.
- 4. (AMENDMENT 4) (AMENDMENT 3) THIS ITEM HAS BEEN REMOVED.
- 5. (AMENDMENT 4) (AMENDMENT 3) For SFY2014, 2015, 2016, and 2017, the preliminary Annual Benefits Expense Report is due seven (7) months after the close of each SFY. After the quality assurance withhold is determined and deemed payable by IDHW, the Contractor shall add any quality assurance withhold revenue earned and shall also update the claims and quality improvement costs in a final Benefit Expense Report that encompasses all four (4) years. For SFY2018 and subsequent years thereafter, the Annual Benefits Expense Report is due seven (7) months after each SFY end. For all reports, any positive difference between the Contractor's claims and any other expenses as defined in 42 CFR § 438.8 (e) subtracted from eighty-five percent (85%) of premium revenue shall be placed into the CHIRA, within thirty (30) calendar days of submittal of the final report.
- 6. (AMENDMENT 4) (AMENDMENT3) Subject to the approval by the IDHW, funds from the CHIRA may be used for:
  - a. (AMENDMENT 4) Expenses as defined in 42 CFR § 438.8 (e) exceeding eighty-five percent (85%) of premium revenue incurred in subsequent state fiscal years; and or
  - (AMENDMENT 4) CHIRA funds may be used for new programs or program expansion in subsequent years based on a plan mutually agreed to by the Contractor and IDHW; and or
  - c. (AMENDMENT 4) Remitted to the IDHW.
- 7. Any funds remaining in the CHIRA six (6) months after the contract ends shall be returned to IDHW or delivered to the succeeding contractor, at IDHW's option.

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